

See pg 20
for pool
rental
details

Central Pool

94th & Kenton 708-857-8051
opens 6/6 - closes 8/31*
*Adjusted schedule begins 8/11

Memorial Children's Pool

102nd & Major 708-857-2213
opens 5/26 - closes 8/10*
*May stay open later depending upon staffing

Centennial Pool

94th & Nashville 708-857-2212
opens 6/13 - closes 8/10

Monday	<p>Early Bird* 7 - 8:50 am Open Swim - Noon - 4:50 pm Night Open Swim - 6:30 - 8:55 pm</p>	<p>Waterbugs* 10:00 - 11:45 a.m. Open Swim - Noon - 4:50pm Private Rentals - 5:30 - 8:30pm</p>	<p>Open Swim Noon - 4:50 p.m. Lap Swim* 7 - 8 p.m.</p>
Tuesday	<p>Early Bird* 7 - 8:50 am Open Swim - Noon - 4:50 pm Night Open Swim - 6:30 - 8:55 pm</p>	<p>Open Swim - Noon - 4:50pm Private Rentals - 5:30 - 8:30pm</p>	<p>Open Swim Noon - 4:50 p.m. Lap Swim* 6 - 7 p.m.</p>
Wednesday	<p>Early Bird* 7 - 8:50 am Open Swim - Noon - 4:50 pm Night Open Swim - 6:30 - 8:55 pm</p>	<p>Waterbugs* 10:00 - 11:45 a.m. Open Swim - Noon - 4:50pm Private Rentals - 5:30 - 8:30pm</p>	<p>Open Swim Noon - 4:50 p.m. Lap Swim* 7 - 8 p.m.</p>
Thursday	<p>Early Bird* 7 - 8:50 am Open Swim - Noon - 4:50 pm Night Open Swim - 6:30 - 8:55 pm</p>	<p>Open Swim - Noon - 4:50pm Private Rentals - 5:30 - 8:30pm</p>	<p>Open Swim Noon - 4:50 p.m. Lap Swim* 6 - 7 p.m. Private Rentals 7 - 9 p.m.</p>
Friday	<p>Early Bird* 7 - 8:50 am Open Swim - Noon - 4:50 pm Open Swim - 6 - 8:55 pm</p>	<p>Open Swim - Noon - 4:50pm Private Rentals - 5:30 - 8:30pm</p>	<p>Open Swim Noon - 4:50 p.m.</p>
Saturday	<p>Early Bird - 7 - 8:50 am Open Swim - Noon - 4:50 pm Private Rentals - 6 - 9 pm</p>	<p>Waterbugs* 10:00 - 11:45 a.m. Open Swim - Noon - 4:50pm Private Rentals - 5:30 - 8:30pm</p>	<p>Open Swim Noon - 4:50 p.m. Night Open Swim 6 - 8:55 p.m.</p>
Sunday	<p>Open Swim - Noon - 4:50 pm Private Rentals - 6 - 9 pm</p>	<p>Open Swim - Noon - 4:50pm Private Rentals - 5:30 - 8:30pm</p>	<p>Open Swim Noon - 4:50 p.m. Night Open Swim 6 - 8:55 p.m.</p>

Daily Fees:

I.D.s are needed to receive Resident Discount

Res:	Individual (3 - 60)	\$5
	Non-Res: Individual (3 - 60)	\$10
	Infant (2 & under)	\$1.50
	Infant (2 & under)	\$2.50
	Senior (60 & up)	\$3.75
	Senior (60 & up)	\$7.50

*Need a designated punchcard for admission to this program. See page 17 for more details.
Things to Know...Cut-offs, jean shorts, leotards, spandex athletic wear may not be worn for swimming. All swim attire must have a lining. An adult must accompany any child 10 and under at all times at the pools. Pools can close or their operating hours can be adjusted if the air temperature is below 70F, has less than 10 swimmers for 1 hour and/or if there is a lack of sufficient lifeguards. More information on page 17.

Pool Memberships

If you use our facilities often, then a pool membership is your answer. The best bang for your buck!

Patrons are required to show proof of residency (driver's license or state-issued ID) at the **Oak View Center or the Community Pavilion** in order to receive resident rates. If you have recently moved to Oak Lawn and have not changed your driver's license or state ID, you may receive resident rates by showing your current license/state ID, along with a current utility bill showing your name and new Oak Lawn address. If these criteria are not met, non-resident rates will apply. Memberships are non-refundable.

PDNA

	Res	NR
Individual (age 3-59)	\$89	\$149
Senior (age 60+)	\$69	\$119
*Household	\$139	\$219

Additional Household Member (age 3 & up): \$15 Each
 Additional Household Member (age 2 & under): \$10 Each
 Additional Caregiver Member (age 16 & up): \$35 Each

*Household Membership: To qualify for a Household Membership, an adult (18 & up) must be the primary member on the membership. Fee shown is for 2 household members. Every member to be added to this account/membership must show proof that they reside at the same household as the primary member listed. A valid driver's license or state ID is required as proof for members 16 & up. The most current report card with parent signature and/or birth certificate is required for ages 15 & under. All information and proof for each member on the membership must be included on the form and shown at the time of registration. No additions will be accepted. Additional non-household (not living at same address) members can be added as the "Caregiver" additional member, designed for babysitters/nanny-like individuals for households with young children (12 & under). A maximum of 2 "Caregiver" members are allowed per household membership. For any questions, contact the pool supervisor at 708/857-5173 or info@olparks.com.

Daily Discount Punch Passes

Don't like paying full price? Don't want to deal with the inconvenience of paying with cash at the door each time? Purchase a Daily Discount Pass with 5 admissions on each punchcard. Visits are good for the 2008 season only. No refunds will be given for remaining visits on punch card. Pool membership privileges do not apply. **Fee: \$23.75/\$47.50(nr)**

Early Bird & Lap Swim (age 15 & up)

Great for young and old! Training for a triathlon or just looking for a great cross-training opportunity? Swimming laps is a great way to stay fit and build up your endurance! We offer two lap-swimming opportunities: one in the morning called Early Bird and one in the evening called Lap Swim. (Refer to schedule below for specific dates, days, times and location.) One punch card is good for both Early Bird and Lap Swim. Each visit will be deducted from the punch card. For example, if you attend Early Bird, one visit will be deducted from the card; if you attend Lap Swim later that day, another visit will be deducted from the card. Any remaining visits on the card are non-refundable nor can they be transferred to another program or Open-Swim admission. Air-temperature rules apply only to Lap Swim at Centennial Pool. PDNA

Fee: 5 Visits: \$11/\$16(nr)

Central Pool Early Bird

Mondays-Saturdays 7-8:50 a.m.

June 11 - Aug. 11*

*The program may continue through Labor Day, if staff is available. The park district only guarantees the program until Aug. 11.

Centennial Lap Swim - Coincides with other pool programs

Mondays & Wednesdays 7 – 8 p.m.

Tuesdays & Thursdays 6 - 7 p.m.

June 11 – Aug. 10

11 Things to Know

Before Going to the Pools

- Any of the 3 pools can close or their operating hours can be adjusted at the discretion of the park district for any of the safety reasons listed below:
 - If the air temperature is below 70F as reported by the Weather Channel for Midway Airport.
 - If lightning is sighted or there is threatening weather.
 - If the water is not chemically balanced.
 - If there is a mechanical failure.
 - If there is a lack of sufficient lifeguards (This may occur at the beginning and end of the season due to staff's school schedules.)
 - Pool has less than 10 swimmers for 1 hour; it may close within the next hour.
- A valid ID is required to be shown every time you enter the pool (Membership Card or Driver's License) for the entire summer. If you do not have your Membership Card, you will have to pay a daily fee to enter. Daily Fees paid at the door will not be credited to future or existing memberships. If you are purchasing a daily admission and do not have an ID to prove residency, you will be charged the non-resident rates.
- For everyone's safety, the Aquatic staff & rules must be obeyed. If a patron—regardless of their age, is not following the rules, not obeying staff instructions, and/or becoming verbally or physically abusive, that patron will be disciplined accordingly. Discipline varies from having a "time out"; to being temporarily removed from the facilities; to revoked memberships/admission to the pools.
- For safety reasons: an adult must accompany any child 10 AND UNDER at all times at the pools. All kids 10 & under will need an adult present with them in order to be granted admission into the pool; in addition, the adult must remain at the pool for the duration of the child's stay to provide supervision. Any young child left at the pool unattended by an adult (someone 16 years or older) will be turned over to the police. Memorial Children's Pool, is designed for families with children under age 10, however, everyone is welcome to use it.
- Cut-offs, jean shorts, leotards, spandex athletic wear may not be worn for swimming. All swim attire must have a lining. No underwear is to be worn under male shorts or female suits.
- Floating devices (kick boards, noodles) are allowed only at the discretion of the manager. Water wings, inner tubes, etc. are not allowed. We recommend the bathing suits with the floatation device inside the suit vertically.
- Patrons must use pool equipment (diving boards, slides, etc.) and personal floatation devices properly. If abused or the floatation device obstructs the lifeguard's view, the manager has the right to forbid the use of the device or equipment.
- Masks (covers nose), fins, snorkels, diving disks and rings may be used only during Early Bird and Lap Swim.
- Lockers are available. For the majority of them, you must supply your own lock. The park district is not responsible for missing articles.
- No glass allowed. Refreshment (alcohol is never permitted) and food items brought into the pool must be kept in designated concession area. Management reserves the right to check and hold all coolers and containers if the regulations are not adhered to.
- During all Open Swims, there will be Guard Breaks/Adult Swims. The baby pool is closed during guard breaks. No child should be left unattended during the breaks while an adult swims. At Memorial Children's Pool, it is only a guard break – not an adult swim.

Learn To Swim

The Oak Lawn Park District's Learn-To-Swim Program is based upon the American Red Cross program designed to teach swimming skills to toddlers, children and adults in a positive, happy and safe environment. With an emphasis on fun, we offer lessons that emphasize logical skill progression, water-safety awareness and endurance. Participants are assessed on their individual ability and will be promoted to the next level when they have completed the necessary skill requirements. The descriptions on the next several pages will help you find the course best for you. Please use the age ranges and skill prerequisites as suggested guidelines, especially since the American Red Cross levels have been adjusted, to enroll in the most appropriate course. Also, please remember that people learn at-their-own-pace. Mastering swimming skills takes time, practice and patience! It is not unusual for students to repeat a level several times in order to master the skill required for a completion certification and advancement to the next level. Safety is an important component at every level and all of our aquatics courses include education in personal safety in and around the water.

- Programs & The Weather: If you are in an aquatic program and there is a day that the weather could be unfavorable, the park district requests you call the pool directly to verify if the class has been cancelled, if there is no answer at the pool, please call Oak View or the Ice Arena. *Please note that scheduled into the swim lessons are safety lessons that will be given on less than favorable weather days.*
- Absenteeism: If the park district needs to cancel a program for whatever reason, the park district will schedule a make-up day and or pro-rate a refund for that day. The park district will not schedule make-up days or refund when a participant is absent from the program for personal reasons.
- What level do I enroll in? Please refer to the course descriptions. If you feel your skills are between levels, please enroll in the lower level. Do not enroll in a higher level if your desired class is filled.
- What happens if I am placed on a waiting list? You will be notified by phone if an opening becomes available. Notification may come as late as 48 hours prior to the start of class.
- What do I need to bring the first day of class? Besides a swimsuit and towel, goggles are allowed if a participant prefers them.
- Can I bring my other children with me (who are not in lessons) to the pool during swim lessons? Yes, but for safety reasons, we require all parents/guardians and children to remain on the deck during the lesson. No one is allowed in the big or baby pool during lessons unless they are enrolled in a class.
- Refunds – Because space is limited and we do not allow for add-ins after the second class of the program, this refund policy will be in effect this summer: A 90% refund will be given if a refund is requested nor later than a week prior to the program start. After that, a prorated refund will be given out according to the chart below.

1 Week to Day before start = 75% refund
First Day = 65% refund
Second Day = 50% refund
Third Day to Fourth Day = 25%
Fifth Day & Up = No refund.

- * Medical refunds will be granted when appropriate medical documentation is submitted with the refund request.
- * Refunds are not issued for water temperature or personal absences.

Private Lessons (age 4 & up)

Want to get personal one-on-one instruction? Need additional guidance on a certain skill? Private lessons are a perfect way to advance your swimming skills. Each class comes with two private half-hour lesson sessions a week. No class on the 4th of July. Oak Lawn Park District Staff is unable to provide private swim during open swim or any other time other than the ones listed below. (LD)

Location: Central Pool

Class#	Day	Dates	Time	Fee
#2027	T, Th	6/17 & 6/19	5:50 – 6:15pm	\$39/\$49(nr)
#2060	T, Th	6/24 & 6/26	5:50 – 6:15pm	\$39/\$49(nr)
#2095	T, Th	7/1 & 7/3	5:50 – 6:15pm	\$39/\$49(nr)
#2062	T, Th	7/8 & 7/10	5:50 – 6:15pm	\$39/\$49(nr)
#2087	T, Th	7/15 & 7/17	5:50 – 6:15pm	\$39/\$49(nr)
#2094	T, Th	7/22 & 7/24	5:50 – 6:15pm	\$39/\$49(nr)
#2136	T, Th	7/29 & 7/31	5:50 – 6:15pm	\$39/\$49(nr)

Parent & child participate together in the water as our instructors demonstrate swimming techniques that you will use to safely assist your child in adjusting to the water and understanding pool-safety rules with an emphasis on fun and games! A great way to transition a child into youth swim lessons is by having their first swim lessons be accompanied by a parent in the water. Note: Children 3 years & under (or those not toilet trained) must wear a tight-fitting swim diaper or tight-fitting pants under their swimsuits. (ld)

Location: Central Pool

Class#	Day	Dates	Time	Max/Min	Fee
#2006	M-Th	6/16 - 6/26	10-10:50am	15/5	\$46/\$56(nr)
#2008	M-Th	6/16 - 6/26	11-11:50am	15/5	\$46/\$56(nr)
#2021	M,W	6/16 - 7/9	5:30-6:20pm	15/5	\$46/\$56(nr)
#2044	Sat	6/21 - 8/9	9-9:50am	15/5	\$46/\$56(nr)
#2042	Sat	6/21 - 8/9	10-10:50am	15/5	\$46/\$56(nr)
#2043	Sat	6/21 - 8/9	11-11:50am	15/5	\$46/\$56(nr)
#2102	M-Th	6/30 -7/10	10-10:50am	15/5	\$46/\$56(nr)
#2103	M-Th	6/30 -7/10	11-11:50am	15/5	\$46/\$56(nr)
#2069	M-Th	7/14 - 7/24	10-10:50am	15/5	\$46/\$56(nr)
#2070	M-Th	7/14 - 7/24	11-11:50am	15/5	\$46/\$56(nr)
#2090	M,W	7/14 - 8/6	5:30-6:20pm	15/5	\$46/\$56(nr)
#2123	M-Th	7/28 - 8/7	10-10:50am	15/5	\$46/\$56(nr)
#2124	M-Th	7/28 - 8/7	11-11:50am	15/5	\$46/\$56(nr)

Tiny Tots (age 3-5)

Children learning fun songs and games in this semi-instructional class as they adjust to the water, build their confidence in the water and they are introduced to very basic of swimming skills. This is a great alternative or bridge if you have already taken Splish Splash (Parent & Child) classes. (ld)

Central Pool

Class#	Day	Dates	Time	Max/Min	Fee
#2018	M-Th	6/16 - 6/26	10-10:50am	10/5	\$46/\$56(nr)
#2034	M-Th	6/16 - 6/26	11-11:50am	10/5	\$46/\$56(nr)
#2016	M,W	6/16 - 7/9	5:30-6:20pm	10/5	\$46/\$56(nr)
#2057	Sat	6/21 - 8/9	9-9:50am	10/5	\$46/\$56(nr)
#2059	Sat	6/21 - 8/9	10-10:50am	10/5	\$46/\$56(nr)
#2080	Sat	6/21 - 8/9	11-11:50am	10/5	\$46/\$56(nr)
#2114	M-Th	6/30-7/10	10-10:50am	10/5	\$46/\$56(nr)
#2038	M-Th	6/30-7/10	11-11:50am	10/5	\$46/\$56(nr)
#2079	M-Th	7/14 - 7/24	10-10:50am	10/5	\$46/\$56(nr)
#2141	M-Th	7/14 - 7/24	11-11:50am	10/5	\$46/\$56(nr)
#2017	M,W	7/14 - 8/6	5:30-6:20pm	10/5	\$46/\$56(nr)
#2058	M-Th	7/28 - 8/7	10-10:50am	10/5	\$46/\$56(nr)
#2140	M-Th	7/28 - 8/7	11-11:50am	10/5	\$46/\$56(nr)

Adult Lessons (age16 & up)

It's never too late to learn to swim or to improve your strokes. The course will help those who lack comfort and technique. Discover how rewarding swimming can be! PDNA (ld)

Centennial Pool

Max/Min: 10/5

Class#	Day	Dates	Time	Fee
#2025	Tues	6/17 - 8/5	7-7:50pm	\$46/\$56(nr)

Central Pool

Instructor: TBD

#2162	Mon	6/16 - 8/4	9-9:50 am	\$46/\$56(nr)
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Level

1 – Introduction to Water Skills (age 5 & up)

Goal: Participants will feel more comfortable in the water. Participants will learn: enter & exit water safely; float on front and back; open eyes underwater; submerge to pick up an object; submerge mouth, nose and eyes; explore arm and hand movements; exhale underwater; explore swimming on front and back; use lifejackets; and follow basic water safety rules. (LD)

Centennial Pool

Class#	Day	Dates	Time	Max/Min	Fee
#2001	M-Th	6/16 - 6/26	9-9:50am	10/5	\$46/\$56(nr)
#2029	T,Th	6/17 - 7/10	6-6:50pm	10/5	\$46/\$56(nr)
#2035	Sat	6/21 - 8/9	11-11:50am	10/5	\$46/\$56(nr)
#2097	M-Th	6/30 - 7/10	9-9:50am	10/5	\$46/\$56(nr)
#2064	M-Th	7/14 - 7/24	9-9:50am	10/5	\$46/\$56(nr)
#2084	T,Th	7/15 - 8/7	6-6:50pm	10/5	\$46/\$56(nr)
#2118	M-Th	7/28 - 8/7	9-9:50am	10/5	\$46/\$56(nr)

Central Pool

Class#	Day	Dates	Time	Max/Min	Fee
#2010	M-Th	6/16 - 6/26	10-10:50am	10/5	\$46/\$56(nr)
#2011	M-Th	6/16 - 6/26	11-11:50am	10/5	\$46/\$56(nr)
#2022	M,W	6/16 - 7/9	5:30-6:20pm	10/5	\$46/\$56(nr)
#2050	Sat	6/21 - 8/9	9-9:50am	10/5	\$46/\$56(nr)
#2048	Sat	6/21 - 8/9	10-10:50am	10/5	\$46/\$56(nr)
#2049	Sat	6/21 - 8/9	11-11:50am	10/5	\$46/\$56(nr)
#2106	M-Th	6/30 - 7/10	10-10:50am	10/5	\$46/\$56(nr)
#2107	M-Th	6/30 - 7/10	11-11:50am	10/5	\$46/\$56(nr)
#2073	M-Th	7/14 - 7/24	10-10:50am	10/5	\$46/\$56(nr)
#2074	M-Th	7/14 - 7/24	11-11:50am	10/5	\$46/\$56(nr)
#2091	M,W	7/14 - 8/6	5:30-6:20pm	10/5	\$46/\$56(nr)
#2127	M-Th	7/28 - 8/7	10-10:50am	5/5	\$46/\$56(nr)
#2128	M-Th	7/28 - 8/7	11-11:50am	5/5	\$46/\$56(nr)

Level 2 – Fundamental Aquatic Skills (age 5 & up)

Goal: Give participants success with fundamental skills. Participants will learn: exit water using ladder or side; tread water; glide on front & back; float on front & back; explore swimming on side; roll over from front to back, back to front; enter water by stepping or jumping from the side; open eyes underwater, submerge head to retrieve object; swim on front and back using combined strokes; more in water wearing lifejacket; and perform rhythmic breathing. (LD)

Centennial Pool

Class#	Day	Dates	Time	Max/Min	Fee
#2002	M-Th	6/16 - 6/26	9-9:50am	10/5	\$46/\$56(nr)
#2030	T,Th	6/17 - 7/10	6-6:50pm	10/5	\$46/\$56(nr)
#2037	Sat	6/21 - 8/9	11-11:50am	10/5	\$46/\$56(nr)
#2098	M-Th	6/30 - 7/10	9-9:50am	10/5	\$46/\$56(nr)
#2065	M-Th	7/14 - 7/24	9-9:50am	10/5	\$46/\$56(nr)
#2085	T,Th	7/15 - 8/7	6-6:50pm	10/5	\$46/\$56(nr)
#2119	M-Th	7/28 - 8/7	9-9:50am	5/5	\$46/\$56(nr)

Central Pool

Class#	Day	Dates	Time	Max/Min	Fee
#2012	M-Th	6/16 - 6/26	10-10:50am	10/5	\$46/\$56(nr)
#2013	M-Th	6/16 - 6/26	11-11:50am	10/5	\$46/\$56(nr)
#2023	M,W	6/16 - 7/9	5:30-6:20pm	10/5	\$46/\$56(nr)
#2053	Sat	6/21 - 8/9	9-9:50am	10/5	\$46/\$56(nr)
#2051	Sat	6/21 - 8/9	10-10:50am	10/5	\$46/\$56(nr)
#2052	Sat	6/21 - 8/9	11-11:50am	10/5	\$46/\$56(nr)
#2108	M-Th	6/30 - 7/10	10-10:50am	15/5	\$46/\$56(nr)
#2109	M-Th	6/30 - 7/10	11-11:50am	10/5	\$46/\$56(nr)
#2075	M-Th	7/14 - 7/24	10-10:50am	10/5	\$46/\$56(nr)
#2076	M-Th	7/14 - 7/24	11-11:50am	10/5	\$46/\$56(nr)
#2092	M,W	7/14 - 8/6	5:30-6:20pm	10/5	\$46/\$56(nr)
#2129	M-Th	7/28 - 8/7	10-10:50am	5/5	\$46/\$56(nr)
#2130	M-Th	7/28 - 8/7	11-11:50am	5/5	\$46/\$56(nr)

Level 3 – Stroke Readiness (age 6 & up)

Goal: Build on the skills in level 2 through additional guided practice, develop confidence in their strokes and improve other aquatic skills. Participants will learn: jump into deep water front he side; perform rotary breathing; perform butterfly kick and body motion; change from vertical to horizontal position on front & back; dive from sitting or kneeling position; survival float; perform HELP and huddle positions; submerge fully and retrieve object; swim front crawl; perform reaching assists; bob with head fully submerged; swim back crawl; and use Check-Call-Care in an emergency. (LD)

Centennial Pool

Class#	Day	Dates	Time	Max/Min	Fee
#2003	M-Th	6/16 - 6/26	9-9:50am	10/5	\$46/\$56(nr)
#2031	T,Th	6/17 - 7/10	6-6:50pm	10/5	\$46/\$56(nr)
#2039	Sat	6/21 - 8/9	11-11:50am	10/5	\$46/\$56(nr)
#2099	M-Th	6/30 - 7/10	9-9:50am	10/5	\$46/\$56(nr)
#2066	M-Th	7/14 - 7/24	9-9:50am	10/5	\$46/\$56(nr)
#2086	T,Th	7/15 - 8/7	6-6:50pm	10/5	\$46/\$56(nr)
#2120	M-Th	7/28 - 8/7	9-9:50am	5/5	\$46/\$56(nr)

Central Pool

Class#	Day	Dates	Time	Max/Min	Fee
#2014	M-Th	6/16 - 6/26	10-10:50am	10/5	\$46/\$56(nr)
#2015	M-Th	6/16 - 6/26	11-11:50am	10/5	\$46/\$56(nr)
#2024	M,W	6/16 - 7/9	5:30-6:20pm	10/5	\$46/\$56(nr)
#2056	Sat	6/21 - 8/9	9-9:50am	10/5	\$46/\$56(nr)
#2054	Sat	6/21 - 8/9	10-10:50am	10/5	\$46/\$56(nr)
#2055	Sat	6/21 - 8/9	11-11:50am	10/5	\$46/\$56(nr)
#2110	M-Th	6/30 - 7/10	10-10:50am	10/5	\$46/\$56(nr)
#2111	M-Th	6/30 - 7/10	11-11:50am	10/5	\$46/\$56(nr)
#2077	M-Th	7/14 - 7/24	10-10:50am	10/5	\$46/\$56(nr)
#2078	M-Th	7/14 - 7/24	11-11:50am	10/5	\$46/\$56(nr)
#2093	M,W	7/14 - 8/6	5:30-6:20pm	10/5	\$46/\$56(nr)
#2131	M-Th	7/28 - 8/7	10-10:50am	5/5	\$46/\$56(nr)
#2132	M-Th	7/28 - 8/7	11-11:50am	5/5	\$46/\$56(nr)

Learn to Swim Advance Levels (Level 4-6) are continued on page 20

Water - Aerobics (age 16 & up)

Aqua Flex – Try this invigorating total body workout to improve flexibility while firming and toning the body! PDNA (LD)

Instructor: TBD

Location: Central Pool

Max/Min: 20/6

Class#	Day	Dates	Time	Fee
#2061	T,W,Th	6/17 - 6/26	9-9:50am	\$40/\$50(nr)
#2019	T,W,Th	7/1 - 7/10	9-9:50am	\$40/\$50(nr)
#2115	T,W,Th	7/15 - 7/24	9-9:50am	\$40/\$50(nr)
#2082	T,W,Th	7/29 - 8/7	9-9:50am	\$40/\$50(nr)

Aqua Fit – Get fit with this moderate total-body workout that will challenge every muscle group! PDNA (LD)

Instructor: Margie

Location: Central Pool

Max/Min: 20/6

Class#	Day	Dates	Time	Fee
#2032	T, Th	6/17 - 7/10	5:30 - 6:20pm	\$40/\$50(nr)
#2088	T, Th	7/15 - 8/7	5:30 - 6:20pm	\$40/\$50(nr)

NEW - Making W.A.V.E.S. (Weight, Attitude, Visualize, Energetic, Stay)

Dive into fitness with this new class! This one-hour class is half educational & fun workshops and half water aerobics class for kids to learn and participate in healthy ways to lose Weight, change their Attitude on fitness, Visualize a healthy lifestyle, learn ways to become more Energetic and Stay fit & healthy!

Instructor: Margie

* Dates & times were not confirmed at the time brochure went to print. Please call the Ice Arena at 708-857-5173 for more information.

Aquatics

Advance Levels (Level 4-6) (age 7 & up)

Level 4 - Stroke Development: Goal: Improve front crawl and back crawl. Participants will learn: dive from compact or stride position; swim breaststroke; tread water using sculling arm motions and kick; swim underwater; swim elementary backstroke; use safe diving rules; perform throwing assists; perform feet-first surface dive; swim on side using scissors kick; care for conscious choking victim; coordinate butterfly; perform open turns on front & back; and perform compact jump into water from a height while wearing a life jacket.

Level 5 - Stroke Refinement: Goal: Improve coordination of front crawl, elementary backstroke, back crawl, sidestroke, breaststroke and butterfly. Participants will learn: shallow dive and begin swimming; front flip turn; backstroke flip turn; treading water with two different kicks; survival swimming; tuck and pike surface dives; and rescue breathing.

Level 6 - Swimming & Skill Proficiency: Goal: Refine all six strokes so participant will swim them with ease, efficiency, power and smoothness over greater distances. Participants will learn: personal water safety, lifeguard readiness, fundamentals of diving and fitness swimmer skills.

Centennial Pool

Class#	Day	Dates	Time	Max/Min	Fee
#2000	M-Th	6/16 - 6/26	9-9:50am	10/5	\$46/\$56(nr)
#2028	T,Th	6/17 - 7/10	6-6:50pm	10/5	\$46/\$56(nr)
#2033	Sat	6/21 - 8/9	11-11:50am	10/5	\$46/\$56(nr)
#2096	M-Th	6/30 - 7/10	9-9:50am	10/5	\$46/\$56(nr)
#2063	M-Th	7/14 - 7/24	9-9:50am	10/5	\$46/\$56(nr)
#2083	T,Th	7/15 - 8/7	6-6:50pm	10/5	\$46/\$56(nr)
#2117	M-Th	7/28 - 8/7	9-9:50am	5/5	\$46/\$56(nr)

Central Pool

Class#	Day	Dates	Time	Max/Min	Fee
#2004	M-Th	6/16 - 6/26	10-10:50am	10/5	\$46/\$56(nr)
#2005	M-Th	6/16 - 6/26	11-11:50am	10/5	\$46/\$56(nr)
#2020	M,W	6/16 - 7/9	5:30-6:15pm	10/5	\$46/\$56(nr)
#2040	Sat	6/21 - 8/9	10-10:50am	10/5	\$46/\$56(nr)
#2041	Sat	6/21 - 8/9	11-11:50am	10/5	\$46/\$56(nr)
#2100	M-Th	6/30 - 7/10	10-10:50am	10/5	\$46/\$56(nr)
#2101	M-Th	6/30 - 7/10	11-11:50am	10/5	\$46/\$56(nr)
#2067	M-Th	7/14 - 7/24	10-10:50am	10/5	\$46/\$56(nr)
#2068	M-Th	7/14 - 7/24	11-11:50am	10/5	\$46/\$56(nr)
#2089	M,W	7/14 - 8/6	5:30-6:15pm	10/5	\$46/\$56(nr)
#2121	M,-Th	7/28 - 8/7	10-10:50am	10/5	\$46/\$56(nr)
#2122	M-Th	7/28 - 8/7	11-11:50am	10/5	\$46/\$56(nr)

Lifeguard Training Course

Participants must pass this "500" pre-qualifying swim in order to take the class. If a participant does not pass, a refund will be given. Priority given to participants who complete this course for summer employment at OLPD pools.

Class: #2137

Location: Central Pool 94th & Kenton Ave.

Dates/Time: TBA

Fee: \$200.00 PDNA (ld)

Instructor: Candace White, LGI

Waterbugs! (age 1-5 yrs)

Every Monday, Wednesday & Saturdays from 10:00 – 11:45 a.m. it's a swim play-date at the Memorial Children's Pool for you and other parents of young toddlers! Enjoy this reserved time at the Memorial Pool for only toddlers and parents to mingle and play in the zero-depth interactive children's pool. This non-instructional swim opportunity requires a pre-purchased punchcard for admission. Lifeguard on duty. Punchcards available at Oak View. One punch/visit will allow one child and one parent admission. For every additional child a punch/visit will be needed for admission.

Punchcard fee: 5 Visits: \$13.75/\$27.25(nr)

Renting an OLPD Pool

All three of our pools are available for rent for almost any occasion! Parties must be registered 2 weeks in advance from the desired date. Minimum of 2 hours is required for all rentals. If on your scheduled rental date, weather conditions are unfavorable, the pool manager will determine if the pool rental needs to be rescheduled and will contact you. If you find yourself in the position to cancel your rental, a 90% refund will be given to those who cancelled 3 weeks or more prior to the rental date. A 50% refund will be given to those who cancel within three weeks of the rental date. No refund will be given for rentals cancelled 48 hours or less prior to the date.

Pool-rental registration will begin at 5:30 p.m. on Wednesday, May 7, only at the Ice Arena, 9320 S. Kenton Ave. Payment in full is required upon registration. No rental registrations will be taken over the phone; all must be done in person at this facility. All rentals are on a first-come, first-served basis. Absolutely no reservations will be accepted prior to May 7. Lifeguards and a manager will be on duty during the duration of the rental. Patrons may bring their own food and beverages; however, glass containers and alcoholic beverages are strictly prohibited. Renters are responsible for cleaning up the party area during the time allotted for the rental. PDNA (ld)

Centennial Pool

94th St. & Nashville Ave. • 708/857-2212

Days/Times Available:

Thursdays 7–9 p.m.

From 6/12 - 8/7

Fee: \$105/Hour/Residents

\$165/Hour/Non-Residents

Central Pool

94th St. & Kenton Ave. • 708/857-8051

Days/Times Available:

Saturdays & Sundays 6-9 p.m.

Fee: \$115/Hour/Residents

\$175/Hour/Non-Residents

Memorial Children's Pool

102nd & Major • 708-857-2213

Days/Times Available:

Daily 5:30 – 8:30 p.m.

Fee: \$78/Hour/Residents

\$138/Hour/Non-Residents

"Beat the Heat Pass"

Swim & Skate on the same day! You get two great activities for the price of one! This one-of-a-kind pass grants you admission Monday - Friday to Central Pool for

Open Swim from 12noon - 5pm & Open Skate 1:30 - 2:50pm.

So, beat the heat at the coolest places in town! Take a break from the sun during peak hours by enjoying ice skating! After working up a sweat skating, cool off by jumping in the pool!

One pass is valid for one person per visit. \$5 res/\$7.50(nr).