

# Youth Athletics

## George Shimko Basketball School

George Shimko and his GSBS Stars Basketball staff are offering the following basketball programs:

### Rookie Session (age 5-8)

Rookie Sessions will teach children who have little or no previous basketball experience the fundamentals of basketball including ball handling, passing, rebounding, shooting, discipline, respect and most of all – teamwork. Fee includes instruction and GSBS Stars Basketball t-shirt. No class Dec. 25 & Jan. 1. PDNA (sn)

Location: Community Pavilion

Season	Class#	Day	Dates	Time	Res/NR
Winter	#8583	Sun	12/4-1/15	11:30am-1pm	\$59/\$72
Spring	#3072	Mon	4/2-4/30	6-7:30pm	\$59/\$72
Spring	#3073	Thu	4/12-5/10	4:30-6pm	\$59/\$72

### Veteran Session (age 9-15)

Veteran Session is designed for the more experienced basketball player to learn and improve on their individual skills, team skills and will continue to stress the basketball fundamentals. Fee includes instruction and GSBS Stars Basketball t-shirt. No class Dec. 25 & Jan. 1. PDNA (sn)

Location: Community Pavilion

Season	Class#	Day	Dates	Time	Res/NR
Winter	#8584	Sun	12/4-1/15	11:30am-1pm	\$59/\$72
Spring	#3074	Wed	4/4-5/2	6-7:30pm	\$59/\$72

### Power Moves Session (age10-16)

Power Moves session is designed to teach players how to make strong moves to the basket. Each player will be taught how to create scoring opportunities from the 3 point line to the basket with confidence. Fee includes instruction and GSBS Stars Basketball Power Moves t-shirt. PDNA (sn)

Location: Community Pavilion

Season	Class#	Day	Dates	Time	Res/NR
Spring	#3058	Fri	4/13-5/11	4:30-6pm	\$59/\$72

### Shooting Session – Level 1 (age 5-9)

Level 1 session is an introduction for all young players on the proper way to shoot the basketball. Each player will be taught how to shoot from various locations on the court with good balance, rotation and confidence. All Players will be separated into groups by age and skill level and shoot. Fee includes instruction and GSBS Stars Basketball Shooting Session t-shirt. No class Feb. 19 & May 28. PDNA (sn)

Location: Community Pavilion

Season	Class#	Day	Dates	Time	Res/NR
Winter	#8586	Sun	1/22-2/26	11:30am-1pm	\$59/\$72
Spring	#3059	Mon	5/7-6/11	6-7:30pm	\$59/\$72

### Jump Shot School (age 10-16)

Designed to teach players: The Mechanics, The Warm Up, Efficiency, Getting Open, Footwork, How to Score Off a Screen, 3 Point Shooting and Free Throws with good balance, rotation and confidence. Fee includes instruction and GSBS Stars Basketball Shooting Session t-shirt. No class Feb. 19. PDNA (sn)

Location: Community Pavilion

Season	Class#	Day	Dates	Time	Res/NR
Winter	#8587	Sun	1/22-2/26	11:30am-1pm	\$59/\$72
Spring	#3081	Wed	5/9-6/6	6-7:30pm	\$59/\$72

## Chicago Fire Camps & Training Spring Development School

Chicago Fire Camps and Training will be offering a fantastic opportunity for soccer players ages 5-14. Once per week players will have the chance to play soccer under the guidance of one of our professionally licensed coaches, following one of two specialized curriculums. PDNA (sn)

### Play S.A.F.E. (ages 5-10)

Soccer. Awareness. Fun. Education. The Play SAFE curriculum is based around the development of youth players that need additional touches and guidance with the ball and of course enjoying the game in a fun, positive environment allowing them to succeed and grow as a young player.

Location: Centennial Park

Class#	Day	Dates	Time	Res/NR
#3084	Sat	4/14-5/5	9-10:30am	\$59/\$69

### A.T.T.A.C.K. (ages 10-14)

Attitude. Training. Techniques. Awareness. Competition. Knowledge. Every coaching activity that we take the players through directly relates to this curriculum: Skills, tactics and functional awareness are limited by a player's technical proficiency, and so at every moment we have to work on technical development and reinforcement.

Location: Centennial Park

Class#	Day	Dates	Time	Res/NR
#3085	Sat	4/14-5/5	10:30am-Noon	\$59/\$69(nr)

## Turkey Shoot - Free-Throw Contest (all ages)

Parents and kids win a turkey for Thanksgiving dinner at our 16th annual Turkey Shoot. Teams will be made up of one parent and one child and will be grouped by the children's age. Parents may compete with more than one child. Each team member will get 10 attempts. The teams that make the most shots will win in each division. Raffle prizes for all children. All ages welcome. Register in advance. The younger children will use mini-basketballs and nets. (jw)

Location: Community Pavilion

Max/Min: 100/10

Class#	Day	Dates	Time	Res/NR
#6569	Sun	11/20	11am	Free/\$4(nr)

## Aquafina Pitch, Hit & Run (ages 7-14yrs old)

Pitch, Hit & Run like the pros. This is the official skills competition of Major League Baseball. All youngsters' ages 7-14 are invited to compete and overall champions will advance to the sectionals and possibly compete at a Major League Ballpark in June. This event is free of charge and emphasizes the "Fun" element of baseball competition. The pitching competition consists of throwing pitches at a designated "Strike zone" target. Each participant will also hit from a stationary tee for distance and accuracy. In the running competition participants will run from second base to home plate for time. New to this event are softball skills for girls. All participants must bring a copy of birth certificate and fill out a registration/waiver prior to the start of the competition. For additional information contact Josh Wienczek at 708-857-2420.(mc)

Location: Centennial Park

Instructor: Josh Wienczek

Class#	Day	Dates	Time	Res/NR
#4451	Sat	4/7	10:00am	FREE

# Youth Athletics

## Youth League Mission Statement:

"The Oak Lawn Park District is dedicated to providing youth sports leagues that teach all children fundamentals and sportsmanship in a non-competitive, fun environment."

### Youth Draft Policy

In order to provide every child with fair and equal treatment, teams will be formed by a complete blind draft process. Only a head coach and one assistant coach will be allowed to request that their own child play for them.

***There will be no exceptions!***

### Indoor Soccer Draft League (age 6-13)

This league is for girls and boys. Teams will be formed by a blind draft policy and will compete against teams for neighboring parks districts at the Pavilion. Teams will practice beginning December 4 and play will begin in January. Game times will vary and may be adjusted dependent on number of teams formed. Birth date as of September 1, 2011, will determine division. Birth certificates may be requested if there is question of a child's age. Coaches needed! Sign up early! Your coach will notify you to let you know what time your first practice will be held. \$10 off Early Bird registration will be held until November 9. Registration deadline November 16. \$10 late charge applies after the deadline. (mc)

Location: Community Pavilion

Class#	Age	Day	Time	Res/NR
#6591	6-7	Sat	10:30am-12:30pm	\$79/\$105
#6592	8-9	Sat	1-4pm	\$79/\$105
#6593	10-11	Sat	4-6pm	\$79/\$105
#6594	12-13	Sat	6-9pm	\$79/\$105

*Times are approximate dependent on number of teams.*

### Co-Ed Indoor Little Kickers Soccer League (ages 4-5)

This new introductory soccer league will be a shortened version of our youth soccer leagues. This program is designed to help transition children into team play. Modified, non-competitive games will be played. The league will be run in a low-key environment and the coaches will be more hands on during games. Birthdays as of August 1, 2011 will determine division placement. A birth certificate may be requested if there is question about a child's age. Coaches needed. Sign up early. Teams will begin practice December 3 and play will begin in January. A coach will notify players what time the first practice will be. \$10 off early bird registration will be held until November 9. Registration deadline November 16. \$10 late charge applies after the deadline. (mc) **Coaches Needed!**

Class#	Day	Time	Res/NR
#6590	Sat.	8:30-10:30	\$59/\$79

### High School Indoor Soccer Competitive Leagues (age 14-17)

Teams will be playing against local high school and club competition. Game times will vary each week. May be subject to change. (mc)

Location: Community Pavilion

Fee: \$775/Team 51% & More Residents  
\$795/Team 50% & Less Residents

Class#	Day	Dates	Time
<b>Girls</b>			
#6571	Wed	Nov - Jan	6-10pm
<b>Boys</b>			
#6572	M & W	Jan - March	6-10pm



### Co-Ed Basketball Leagues at Pavilion (age 5-8)

This program offers instruction, as well as competitive basketball for boys and girls. Team play and sportsmanship will be stressed. Age divisions are as of September 1, 2011. Birth certificates may be requested if there is question of a child's age. Teams will practice in December and league play will begin in January. Your coach will call you to let you know when your first practice will be held. \$10 off Early Bird registration will be held until November 9. Registration deadline November 16. \$10.00 late charge applies after the deadline. (sn)

Location: Community Pavilion

Fee: \$79/\$105(nr)

Class#	Age	Time	Practices	Games
#6650	5-6	5:30-8:30pm*	Mon	Fri
#6651	7-8	5:30-8:30pm*	Fri	Mon

*\*game times will vary*

### Coach Your Kids!

Volunteer coaches are needed for basketball and soccer leagues. Show your support by getting involved in your child's favorite sport! We offer the National Youth Sport Coaches Association certification classes free of charge to our volunteer coaches. For more information about these classes or if you are interested in becoming a volunteer coach, please call (708) 857-2420.

### Wrestling Club (3rd-8th Grade)

Learn the skills and fundamentals of wrestling under experienced supervision. This club includes qualified coaches, meets and tournaments. Beginners will practice Monday & Wednesday. Advanced will practice Tuesday, Wednesday & Thursday. There will be a \$50 deposit for wrestling singlet. (sn)

Location: Oak Lawn High School

Max/Min: 35/10

Class#	Day	Dates	Time	Fee
#6644	M-TH	11/7-March	6-8pm	\$135

# Youth Athletics

## After-School Intramural Sports 4th & 5th Graders

The park district and Oak Lawn School Districts 122 & 123 are jointly offering this sports program for boys and girls in 4th & 5th grade. Teams will be formed by school in order to build team spirit. Game times will vary. Teams will practice at the school they attend, availability varies. Volunteer coaches are needed! Call (708) 857-2420 for more information. Fee includes awards, T-shirt, referees and site supervision. Space is limited. When registering, if class is full, ask to go on a wait list and we will do our best to accommodate by combining teams or forming 2 teams for that school, depending on the space available. Please note registration deadline for each sport. A \$10 late fee applies after the deadline. \*\*District 122 students are charged a higher rate due to rental cost at their facilities. (jw)



**Activity:** Boys 4Th & 5Th Grade Basketball  
**Season:** December – March  
**Deadline:** Sunday, November 6Th  
**Games:** Thursday, 5:30-10 P.M.  
**Practice:** To Be Determined  
**Max/Min:** 12/8 Per Team

Class#	School	Fee
#6670	Kolb	\$85
#6671	Harnew	\$85
#6672	Columbus Manor	\$85
#6673	Lieb	\$85
#6674	Kolmar	\$65
#6675	Hannum	\$65
#6676	Covington	\$65
#6677	Sward	\$65
#6678	Hometown	\$65

**Activity:** Girls 4Th & 5Th Grade Volleyball  
**Season:** End Of January – April  
**Deadline:** Friday, January 6Th  
**Games:** Thursday, 5:30-10 P.M.  
**Practice:** To Be Determined  
**Max/Min:** 12/8 Per Team



Class#	School	Fee
#6679	Kolb	\$85
#6680	Harnew	\$85
#6681	Columbus Manor	\$85
#6682	Lieb	\$85
#6683	Kolmar	\$65
#6684	Hannum	\$65
#6685	Covington	\$65
#6686	Sward	\$65
#6687	Hometown	\$65

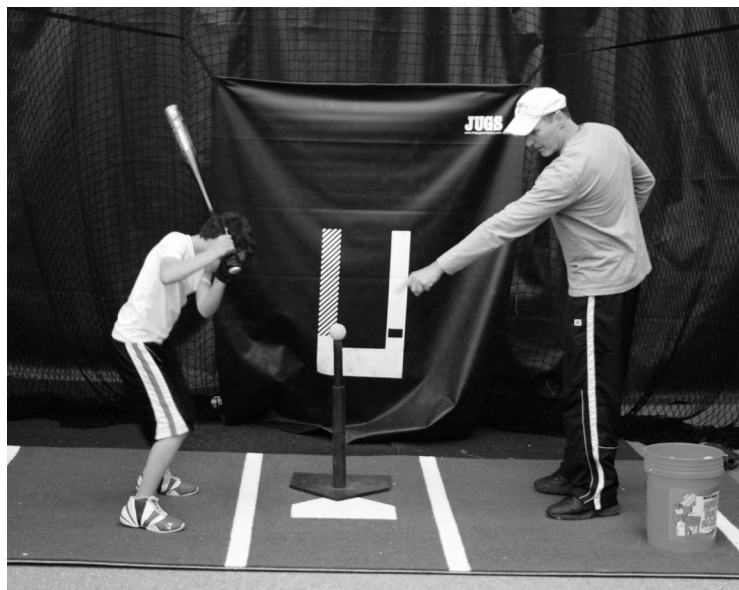
## After-School Intramural Sports 6th, 7th & 8th Graders

The park district and Oak Lawn School Districts 122 & 123 are now jointly offering coed leagues for 6th, 7th & 8th graders. Teams will be formed by school in order to build team spirit. Game times will vary. Teams will practice at the school they attend, availability varies. Volunteer coaches are needed! Call (708) 857-2420 for more information. Fee includes awards, T-shirt, referees and site supervision. Space is limited. When registering, if class is full, ask to go on a wait list and we will do our best to accommodate by combining teams or forming 2 teams for that school, depending on the space available. Please note registration deadline for each sport. A \$10 late fee applies after the deadline. \*\*District 122 students are charged a higher rate due to rental cost at their facilities. (jw)



**Activity:** Co-Ed 6Th, 7Th & 8Th Grade Basketball  
**Season:** December – March  
**Deadline:** Sunday, November 6Th  
**Games:** Game Day Varies Monday- Thursday, 5:30-10 P.M.  
**Practice:** To Be Determined  
**Max/Min:** 12/8 Per Team

Class#	School	Fee
#2562	OLHMS	\$65
#2563	Simmons	\$85



## Co-Rec. Indoor Pitching and Hitting (age 6 & up)

College Hall of Famer and National Champion Fred Freeberg provides private one on one lessons indoors. His students have gone as far as the Little League World series in Pennsylvania! He has authored "Throwing and Pitching For Kids", a throwing and pitching manual which focuses on safety, skills, speed, strength, and most importantly a healthy mental attitude. Get your child ready for the 2012 season! Private 1/2-hour classes by appointment only. Must provide your own glove. (dw)

**Instructor:** Fred Freeberg

**Location:** Racquet, Fitness & Gymnastics Center

**Fee:** \$30/Lesson  
 \$75/3-Lesson Packet  
 \$105/5-Lesson Packet