

**OAK LAWN PARK DISTRICT
ICE ARENA**

Fall, 2010/Spring, 2011 **Schedule**

Thank you for joining us this season. Please review the following schedule. We hope all of your skating needs are met and your goals can be achieved. Ice time must be paid before taking the ice, either with a pre-paid punch card or by paying a walk on rate. **All skaters must sign in.** For on-ice classes, participants must be registered prior to joining the class. There will be **no exceptions.** This is *absolutely necessary* so the Ice Monitors know who should be on the ice. In the event of an overcrowded freestyle, the Ice Monitor or Director will follow the established protocol. The Ice Monitor and/or Management have the right to remove any skater or coach from the ice if proper procedure is not followed. All skaters must have a Code of Ethics/ Emergency contact form on file.

Thanks! Keep Smiling!!!

Mary Hensley *Kristen Jamison*

Mary Hensley **Kristen Jamison**
Skating Director **Skating Coordinator**

Freestyle and
Off-Ice Schedule is tentative
and subject to change.
Please check Figure Skating
Bulletin Board for revisions.



OAK LAWN PARK DISTRICT ICE ARENA

Mary Hensley
Skating Director
708/857-5173, x2204
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*Fall, 2010/Spring, 2011
Figure Skating Program
All fees must be paid prior
to attending any session.*

PROGRAM FEES:

Freestyle Ice

Star Express Pass: \$220

12-Punch Card: \$73

Drop-In: \$8

Power

10-Week Session: \$85

Drop-In: \$12

Dance

10-Week Session: \$110

Drop-In: \$15

Jump Class

10-Week Session: \$55

Drop-In: \$7.5

Edge Class

10-Week Session: \$110

Drop-In: \$15

The Rising Stars Figure Skating Program will inspire in participants a sense of personal accomplishment along with a life-long passion for skating while challenging them to reach their full potential.

Freestyle Off-Ice Classes

Athletex (Strength and Conditioning)

HI... (TBD)

Int... (TBD)

Off-Ice Jump Class

HI...Fridays, 5:05-5:35 p.m.

Int...Mondays, 5:35-6:05 p.m.

Ballet for Skaters

Hi..Mondays, 5:15-6:15p.m.

Int/Beg.,Thursdays, 4:30-5:30p.m

Freestyle On-Ice Classes

Edge

Hi...Fridays, 4:30-5 p.m.

Int...Mondays, 5-5:30 p.m.

Beg.Wednesdays, 5:45-6:15 p.m.

HI Power

Saturdays, 7:45-8:15 a.m.

Int. Power

Saturdays, 8:15-8:45 a.m.

Starts 8-23

**MONDAY TUESDAY WEDNESDAY THURSDAY FRIDAY Starts 9-11
SATURDAY**

| | | | | | |
|------------------------|----------------------|------------------------|-----------------------------|----------------------|----------------------------|
| | | | | | 6:15-6:45 OPEN FS |
| | 7:00-7:30 OPEN FS | | 7:00-7:30 OPEN FS | | 6:45-7:15 OPEN FS |
| | 7:30-8:00 OPEN FS | | 7:30-8:00 OPEN FS | | 7:15-7:45 OPEN FS |
| | 8:00-8:30 OPEN FS | | 8:00-8:30 OPEN FS | | 7:45-8:15 HI Power |
| | 8:30-9:00 OPEN FS | | 8:30-9:00 OPEN FS | | 8:15-8:45 Int. Power |
| | | | 9:30-10:00 Grp Classes | | 9:00-9:30 OPEN FS |
| | | | 10:00-10:30 Practice Ice | | 9:30-10:00 OPEN FS |
| | | | | | Grp Classes 10:00-12:00 |
| 3:00-3:30 OPEN FS | 3:00-3:30 OPEN FS | 3:00-3:30 OPEN FS | 3:00-3:30 OPEN FS | 3:00-3:30 OPEN FS | 11:15-11:45 OPEN FS |
| 3:30-4:00 OPEN FS | 3:30-4:00 OPEN FS | 3:30-4:00 OPEN FS | 3:30-4:00 OPEN FS | 3:30-4:00 OPEN FS | |
| 4:00-4:30 OPEN FS | 4:00-4:30 OPEN FS | 4:00-4:30 OPEN FS | 4:00-4:30 OPEN FS | 4:00-4:30 OPEN FS | |
| 4:30-5:00 OPEN FS | 4:45-5:15 OPEN FS | 4:45-5:15 OPEN FS | 4:30-6:00 Group Classes | 4:30-5:00 Hi Edge | |
| 5:00-5:30 Int. Edge | 5:15-5:45 OPEN FS | 5:15-5:45 OPEN FS | 6:15-6:45 OPEN FS | | |
| | 5:45-6:15 OPEN FS | 5:45-6:15 Beg. Edge | 6:45-7:15 OPEN FS | | |