



Code Of Conduct

Oak Lawn Park District Special Recreation participants are expected to exhibit appropriate behavior at all times. The following rules have been developed to make programs safe and enjoyable for all participants. Additional rules may be developed for specific programs and athletic leagues as deemed necessary by staff.

Participants shall:

- 1.) Show respect to all participants, staff and volunteers and take direction from staff.
- 2.) Refrain from using abusive or foul language.
- 3.) Refrain from public displays of affection to other participants.
- 4.) Refrain from causing bodily harm to self, other participant or staff.
- 5.) Show respect to equipment, supplies and facilities.

ATTENTION:
**OUR SPECIAL RECREATION OFFERINGS
 HAVE BEEN RESTRUCTURED BASED ON
 STATE GUIDELINES.**

Find more information at www.olparks.com, Register Online button (or scan this QR code), and click on the Special Recreation box for class information:



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Like the Oak Lawn Park District
 Special Recreation Department
 Facebook Page Today!

We ask that you arrive no earlier than the schedule time for program. The Oak Lawn Special Recreation Department is not responsible for participants arriving prior to the schedule program time.

Swim Programs For All Ages

Special Olympic Coaches design and assist in these programs. Join in for fun, fitness and strength training or Special Olympic competition. Easy step stairs and accessible lift is available.

Special Olympic Penguins Swim Team (Age: 8 & up)

Dive in and train with the Special Olympic Penguins swim team! Swimmers will improve their overall fitness and perfect existing skills, before moving to flip turns and competitive strokes. **No class**

9/12 & 11/2 (the) **CANCELLED**

Code	Day	Dates	Time	Rt(Coop)/NR
217406-01	Sa	9/12-12/12	3:00-4:00P	\$91/\$136.50
217406-02	Sa	9/12-12/12	4:00-5:00P	\$91/\$136.50



Socialites (Age: 40 & up)

Come on out and meet some new people and hang out with your community

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217542-01	M	10:00A-1:00P	\$225/\$300
217542-02	W	10:00A-1:00P	\$225/\$300
217542-03	M & W	10:00A-1:00P	\$450/\$525

Visit www.olparks.co and the Special Recreation Facebook page for updates & virtual recreation opportunities!

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Program without prior approval from the Special Recreation staff. Our staff always welcomes your questions and feedback, but need to concentrate on the needs of the participants during program times. In addition, we have found that most individuals respond best to staff direction when parents are not present at programs. We appreciate your cooperation and understanding!

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S.O. Bocce (Age: 8 & up)

Bocce is a fun and unique sport that combines skill and strategy. Athletes will improve hand-eye coordination, depth perception, and learn the rules of the game. Note: Must have Special Olympic medical application on file to participate. Region E Bocce tournament will be held October 10th in Frankfort, IL at Roma Sports Club. (tm)

Special Olympics Gymnastics (Age: 8 & up)

Calling all gymnasts! It's time to sharpen your skills and learn your routines for Gymnastics. Athletes will have the option to learn new gymnastics skills and routines or to train for competitions beginning in January-June. There will be an additional charge for competitions and uniforms if your athletes decided to compete. All athletes must have an updated application for participation on file with Oak Lawn Park District Special Recreation. Class schedules will be by appointment only

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217402-01 Tu 10/27-3/09 6:00-8:00P \$125/\$187.50

Special Recreation Ice Skating

Participants should register for a Star 1 class. See page 39 for information. Participants can request an Inclusion Aid to assist their child on the ice by completing a "Special Recreation Inclusion Form" at the Ice Arena at least 2 weeks before class begins. Inclusion Aids cannot be guaranteed.

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You shop. Amazon gives.

Our unique charity link is: <https://smile.amazon.com/ch/26-2436929>. Thank you in advance!

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Events & Outings

Open Mic Night & Karaoke! (Age: 13 & up)
 Show off your talents! Do you have a hidden talent you want to showcase for your new & old friends? Tonight is a night of performing, singing karaoke & enjoying a delicious dinner with your friends! (jc)
Location: Dream Center

Registration Deadline: The Wednesday before each date

Code	Day	Dates	Time	R(Coop)/NR
217239-01	F	9/18	6:00-9:15P	\$30/\$45
217239-02	F	11/27	6:00-9:15P	\$30/\$45

Hoe Down Dance (Age: 14 & up)
 Swing your partner round and round. We are going to have a rip-roarin' good time. We will enjoy square dancing with our friends, a full western meal, a surprise give-away, and some good old-fashioned fun! Yee-Haw! Bus Transportation will be provided for this trip. (jc)

Depart from & return to: Oak View Center
Registration Deadline: Wednesday, October 21st at 5:00P

Code	Day	Dates	Time	R(Coop)/NR
217227-01	F	11/06	5:45-9:30P	\$40/\$60

Christmas Ball (Age: 16 & up)

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Registration Deadline: Wednesday, December 16th at 5:00P

Code	Day	Dates	Time	R(Coop)/NR
217221-01	Su	12/20	6:00-8:00P	\$25/\$37.50