

The purpose of our classes is to create a positive, fun and healthy environment for skaters of all ages and abilities. We strive to inspire in participants a sense of personal achievement and confidence. We encourage you to register on-line when registration opens. (sw) AT THIS TIME, ALL BEGINNER CLASSES WILL START OFF THE ICE TO WORK ON THE BASICS OF SKATING FOR AT LEAST THE FIRST 2 CLASSES. CLASSES WILL BEGIN AS OFF-ICE, INTRODUCTORY CLASSES FOR ALL BEGINNERS. AFTER THE 2nd CLASS, PARTICIPANTS WILL BE TAKEN ONTO THE ICE ONLY WHEN THE INSTRUCTORS FEEL THAT THE SKATER CAN STAND UP FROM A SITTING POSITION AND PARTICIPATE WITHOUT HANDS-ON HELP WHILE ON THE ICE SURFACE. IF THE SKATER CANNOT FUNCTION ON THE ICE WITHOUT ASSISTANCE, THEN THEY WILL RE-JOIN THE CLASS IN THE OFF-ICE AREA FOR ADDITIONAL INSTRUCTION AND EVALUATION. CLASS MAXIMUMS ARE LIMITED. PLEASE DO NOT SIGN UP FOR A HIGHER LEVEL.

Please find the most current Ice Skating program information online at www.olparks.com, Register Online, Ice Skating. Thank you!

BEGINNER SKATING LESSONS

Class maximums: Low limits have been set for all group classes. Registration will be taken on the first day of class, only if there are no participants on the wait list. We encourage you to register on-line when registration opens. Notes regarding dates for this session: Thursday session is 8 weeks with no class on February 4th. Saturday session is 8 weeks, with no class on February 6th.

Snow Plow 1 Skating Lessons (Age: 3-5)

Snow Plow 1 is for the participant age 3-5 who has little or no experience on the ice. These classes aim to teach the fundamentals of skating such as balance and coordination. The children will be engaged in activities in an effort to make them comfortable and reinforce the required maneuvers. (sw) AT THIS TIME, ALL BEGINNER CLASSES WILL START OFF THE ICE TO WORK ON THE BASICS OF SKATING FOR AT LEAST THE FIRST 3 CLASSES. CLASSES WILL BEGIN AS OFF-ICE, INTRODUCTORY CLASSES FOR ALL BEGINNERS. AFTER THE 3RD CLASS, PARTICIPANTS WILL BE TAKEN ONTO THE ICE ONLY WHEN THE INSTRUCTORS FEEL THAT THE SKATER CAN STAND UP FROM A SITTING POSITION AND PARTICIPATE WITHOUT HANDS-ON HELP WHILE ON THE ICE SURFACE. IF THE SKATER CANNOT FUNCTION ON THE ICE WITHOUT ASSISTANCE, THEN THEY WILL RE-JOIN THE CLASS IN THE OFF-ICE AREA FOR ADDITIONAL INSTRUCTION AND EVALUATION. CLASS MAXIMUMS ARE LIMITED. PLEASE DO NOT SIGN UP FOR A HIGHER LEVEL.

Code	Days	Date	Time	Res/NR
311001-H2	Th	1/21-3/18	5:00-5:30P	\$112/\$120
311001-H3	Th	1/21-3/18	5:45-6:15P	\$112/\$120
311001-S1	Sa	1/23-3/20	9:45-10:15A	\$112/\$120

Snow Plow 2 Skating Lessons (Age: 3-5)

Pre-requisite: Snow Plow 1. Progression of classes for skaters ages 3-5. Continuing to work on fundamentals of skating. Do not sign your child up for this class, unless your child has passed Snow Plow 1. (sw)

Code	Days	Date	Time	Res/NR
311002-H2	Th	1/21-3/18	5:00-5:30P	\$112/\$120
311002-S1	Sa	1/23-3/20	9:45-10:15A	\$112/\$120

Snow Plow 3 Skating Lessons (Age: 3-5)

Pre-requisite: Snow Plow 2. Progression of classes for skaters ages 3-5. Continuing to work on fundamentals of skating. (sw)

Code	Days	Date	Time	Res/NR
311003-H2	Th	1/21-3/18	5:00-5:30P	\$112/\$120
311003-S1	Sa	1/23-3/20	9:45-10:15A	\$112/\$120

Snow Plow 4 Skating Lessons (Age: 3-5)

Pre-requisite: Snow Plow 3. Progression of classes for skaters ages 3-5. Continuing to work on fundamentals of skating. (sw)

Code	Days	Date	Time	Res/NR
311004-H2	Th	1/21-3/18	5:00-5:30P	\$112/\$120
311004-S1	Sa	1/23-3/20	9:45-10:15A	\$112/\$120

Kids Countdown Skate Camp (Age: 6-13)

Get ready for a fun time, on and off of the ice at this camp! Daily activities include skating lessons, group routine practice, and organized fun & games. Skaters will learn a group routine that they will perform at the beginning of Open Skate on Thursday, 12/31. Open to ages 6 and older; Beginner level and above. Register by Monday 12/21 to receive \$10 off. (sw)

Code	Days	Date	Time	Res/NR
211100-01	M-Th	12/28-12/31	9:00A-2:00P	\$119/\$119

Star 1 Skating Lessons (Beginner, Age: 6 & up)

Beginning basic skating skills for ages 6-13. The focus is on marching, stopping and 2-foot glides. (sw) AT THIS TIME, ALL BEGINNER CLASSES WILL START OFF THE ICE TO WORK ON THE BASICS OF SKATING FOR AT LEAST THE FIRST 2 CLASSES. CLASSES WILL BEGIN AS OFF-ICE, INTRODUCTORY CLASSES FOR ALL BEGINNERS. AFTER THE 2nd CLASS, PARTICIPANTS WILL BE TAKEN ONTO THE ICE ONLY WHEN THE INSTRUCTORS FEEL THAT THE SKATER CAN STAND UP FROM A SITTING POSITION AND PARTICIPATE WITHOUT HANDS-ON HELP WHILE ON THE ICE SURFACE. IF THE SKATER CANNOT FUNCTION ON THE ICE WITHOUT ASSISTANCE, THEN THEY WILL RE-JOIN THE CLASS IN THE OFF-ICE AREA FOR ADDITIONAL INSTRUCTION AND EVALUATION. CLASS MAXIMUMS ARE LIMITED. PLEASE DO NOT SIGN UP FOR A HIGHER LEVEL.

Code	Days	Date	Time	Res/NR
311005-H2	Th	1/21-3/18	5:00-5:45P	\$124/\$132
311005-H3	Th	1/21-3/18	5:45-6:30P	\$124/\$132
311005-S1	Sa	1/23-3/20	9:45-10:30A	\$124/\$132
311005-S2	Sa	1/23-3/20	10:30-11:15A	\$124/\$132

Star 2 Skating Lessons (Age: 6 & up)

Prerequisite: Star 1. The focus is on swizzles and 1-foot pushing. Do not sign your child up for this class unless they have passed Star 1 or Snow Plow 4. (sw)

Code	Days	Date	Time	Res/NR
311006-H2	Th	1/21-3/18	5:00-5:45P	\$124/\$132
311006-H3	Th	1/21-3/18	5:45-6:30P	\$124/\$132
311006-S1	Sa	1/23-3/20	9:45-10:30A	\$124/\$132
311006-S2	Sa	1/23-3/20	10:30-11:15A	\$124/\$132

Star 3 Skating Lessons (Age: 6 & up)

Prerequisite: Star 2. The focus is on stroking and beginning backward skating. (sw)

Code	Days	Date	Time	Res/NR
311007-H3	Th	1/21-3/18	5:45-6:30P	\$124/\$132
311007-S2	Sa	1/23-3/20	10:30-11:15A	\$124/\$132

Star 4 Skating Lessons (Age: 6 & up)

Prerequisite: Star 3. The focus is on forward crossovers and beginning turns and stops. (sw)

Code	Days	Date	Time	Res/NR
311008-H3	Th	1/21-3/18	5:45-6:30P	\$124/\$132
311008-S2	Sa	1/23-3/20	10:30-11:15A	\$124/\$132

Adult/Teen Skating Lessons (Age: 14 & up)

Beginning to Intermediate instruction for ages 14+ including forward skating, balance and control, and basic stops. Progressing to backwards skating and more difficult techniques. Individuals progress at their own pace. (sw)

Code	Days	Date	Time	Res/NR
311015-H3	Th	1/21-3/18	5:45-6:30P	\$124/\$132
311015-S2	Sa	1/23-3/20	10:30-11:15A	\$124/\$132

Participants registered in group skating classes receive FREE admission to all Open Skate sessions, DJ nights, and other special events.

Skaters may take more than one session to master a level.

Skate Rental is an additional \$3.50 per class or ask about our discount rental card!

Rising Stars Figure Skating

(Classes for the more Advanced Skaters)

Please find the most current Ice Skating program information online at www.olparks.com, Register Online, Ice Skating. Thank you!

The react to m progressing to the next level. Each skater is different and will progress at their own pace, so some skater may need to repeat classes to master all the skills. (sw)

RISING STARS FIGURE SKATING LESSONS

Star 5 Skating Lessons

Prerequisite: Star 4. The focus is on backward crossovers and skating. (sw)

Code	Days	Date	Time	Res/NR
311009-H3	Th	1/21-3/18	5:45-6:30P	\$124/\$132
311009-S2	Sa	1/23-3/20	10:30-11:15A	\$124/\$132

Star 6 Skating Lessons

Prerequisite: Star 5: The focus is on turns and gliding moves. (sw)

Code	Days	Date	Time	Res/NR
311010-H3	Th	1/21-3/18	5:45-6:30P	\$124/\$132
311010-S2	Sa	1/23-3/20	10:30-11:15A	\$124/\$132

Pre-Free Skate

Prerequisite: Star 6. The focus is on Mohawks and linking footwork together. (sw)

Code	Days	Date	Time	Res/NR
311011-H2	Th	1/21-3/18	5:00-5:45P	\$124/\$132
311011-S1	Sa	1/23-3/20	9:45-10:30A	\$124/\$132

Free Skate 1

Prerequisite: Pre-Free Skate. Focus is on edges, basic spinning and beginning jumps. (sw)

Code	Days	Date	Time	Res/NR
311012-H2	Th	1/21-3/18	5:00-5:45P	\$124/\$132
311012-S1	Sa	1/23-3/20	9:45-10:30A	\$124/\$132

Free Skate 2

Prerequisite: Free Skate 1. Focus in on spirals and backward edges. (sw)

Code	Days	Date	Time	Res/NR
311013-H2	Th	1/21-3/18	5:00-5:45P	\$124/\$132
311013-S1	Sa	1/23-3/20	9:45-10:30A	\$124/\$132

Free Skate 3

Prerequisite: Free Skate 2. Focus on half jumps, single rotation jumps, advanced footwork and edges, then on to basic spiral and dance step sequences. (sw)

Code	Days	Date	Time	Res/NR
311014-H2	Th	1/21-3/18	5:00-5:45P	\$124/\$132
311014-S1	Sa	1/23-3/20	9:45-10:30A	\$124/\$132

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DID YOU KNOW:

BOGO IS HERE AT THE OAK LAWN ICE ARENA

We are now offering a second class at half off the original price. Skating more than once a week increases the skater's success level in learning new skills. The more you skate, the better you skate! Purchase both a Thursday and Saturday class FOR THE SAME PARTICIPANT and the second class is HALF OFF of the original price! Classes must be held during the same session and used for the same participant. Parents of registered skaters in our Learn-to-Skate program receive 50% off of new registration in the Adult Learn-to-Skate class.

Everyone registered in our classes receives **FREE ADMISSION** to our Public Skating Session. Now, you can join in on the fun together.

Testing:

-Skaters must master every skill before progressing to the next level. However, each skater is different and progresses at his/her own pace. Some classes may need to be repeated to master all the skills.

-A pre-test will be given 2 weeks before the session ends, followed by a final test given on the last day of class. Parents will be notified at test time if their child is ready to move up to the next level. Pre-test and testing do not take place during the 4 week mini-session.

Private Lessons

Private lessons are available to skaters needing extra help mastering a skill, or those wanting to learn more rapidly. Private lessons also prepare the skater to perform in shows, exhibitions and/or competitions. Private lessons are also available to all ages and abilities; and are especially recommended for Free Skate level skaters, in addition to classes. Skaters are responsible for Freestyle time and coaching fees, which vary.

Skates-Which ones should they wear?

Proper equipment is the first step towards a positive skating experience. All beginner skaters should wear leather starter skates a.k.a. Figure Skates with a single blade made of steel not aluminum, which are much easier to learn in. Plastic, adjustable, and/or Velcro tightening skates are not recommended at any level. Please contact our Rink Partner, Rainbo Sports, at 1-224-235-4764, before you purchase skates for your child.

Why Figure Skates For Beginners? The advantage of learning in a pair of Figure Skates is that the blade is flat allowing greater stability while learning. The toe pick allows the skater to catch themselves should they begin to fall forward. When buying a pair of ice skates, it is important to look for leather, not vinyl, skates that tie. Leather helps support the ankles, vinyl does not. Plastic, adjustable skates are never recommended.

Why not Hockey Skates for Beginners? Hockey skates for beginners are difficult to learn in. If you will notice, a hockey blade is "rocked" like a rocking chair. If the skater does not have complete balance they will rock forward & backward and will fall down frequently, which is frustrating for a beginner. Once the skater has attained the basic skating skills, a transfer to Hockey Skates takes only a few times on the ice to adjust. Your skater will be leaps and bounds ahead of the game if you place them in Figure Skates when they are just starting out.

Why not Double Runner Blades? The skating skills that are being taught in class are more difficult to learn if your child is wearing double runner blades. Double runner blades are not allowed for skating classes. Please refer to the section on Figure Skates above.



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