



Special Recreation Cooperative Agreement Registration Information

Though a cooperative agreement, residents with disabilities of Bridgeview, Burbank, Chicago Ridge, Crestwood, Evergreen Park, Hometown, Justice, Palos Hills and Summit can participate in program offerings of the Oak Lawn Park District at resident rates. Fees for residents of other suburbs and Chicago are 50% higher. The following registration rules must be followed:

- 1.) Those in the co-op may register at their own park district or at the Oak Lawn Park District. All fees must be paid at the time of registration unless other arrangements have been made with Todd Mallo, Special Recreation Supervisor.
- 2.) PLEASE NOTE: Registration forms must be filled out by all cooperative participants. Twice a year all coop receipts are printed out and sent to cooperative district. This way the district that you reside in will know that you have only paid the resident rate.
- 3.) All individuals must complete the Registration Form for each program session and annually complete the Participant Information Form. Not completing both forms will delay the registration. For more specific questions, contact the Special Recreation Department at (708) 857-2200. NO SENIOR OR FAMILY DISCOUNTS APPLY.

Americans With Disabilities Act Compliance

The Oak Lawn Park District Special Recreation advocates for full participation under the Americans with Disabilities Act (ADA). Every attempt at reasonable accommodation will be made so that individuals may participate in a desired program. Any questions or concerns in regard to the ADA should be directed to Todd Mallo, Special Recreation Supervisor/ADA Compliance Coordinator at (708) 857-2200.

Atlantoaxial Instability (AAI)

Individuals with Down Syndrome, who want to compete in Special Olympics, are required to show proof that they have been cleared of Atlantoaxial Instability (AAI). Participants with AAI will not be allowed to participate in tumbling, gymnastics, diving, alpine skiing, exercise programs and soccer without written authorization from their physician. This policy is to insure the safety of all the participants involved. A physician's report form needs to be signed by the attending physician after the participant has been tested.

Code Of Conduct

Oak Lawn Park District Special Recreation participants are expected to exhibit appropriate behavior at all times. The following rules have been developed to make programs safe and enjoyable for all participants. Additional rules may be developed for specific programs and athletic leagues as deemed necessary by staff.

Participants shall:

- 1.) Show respect to all participants, staff and volunteers and take direction from staff.
 - 2.) Refrain from using abusive or foul language.
 - 3.) Refrain from public displays of affection to other participants.
 - 4.) Refrain from causing bodily harm to self, other participant or staff.
 - 5.) Show respect to equipment, supplies and facilities.
- Failure to follow these rules may result in suspension from all programs.

Inclusion Services

Oak Lawn Park District Special Recreation understands that not every person with a special need or disability condition requires Special Recreation Programming. In cooperation with our member district, the Special Recreation staff will be happy to advise and/or assist residents who wish to participate in the Oak Lawn Park District recreation department programs. We strongly encourage integration, as this inclusive recreation environment provides our resident with even greater options for their leisure time. We strive to make all of our experiences safe and positive ones. Therefore we must have a parent fill out Inclusion Information sheets TWO WEEKS prior to the program start date. This will help us understand the needs for you or your child.

Support service may include:

- One-to-one consultation
- In-service training with park district and recreation department staff
- Assistance through the use of Inclusion Aide
- Provisions of community resources

These services are provided at no cost. We are committed to doing everything possible to make your inclusion experience a successful one. A new inclusion form must be filled out each session. For information, call Jacqueline Canty, Special Recreation Coordinator at (708) 857-2200.

Late Pick-Up Policy

Participants must be picked up at the end of the program or as specified by instructors. There will be a late charge after 30 minutes of \$5 for every 15 minutes to be paid in cash before your child can attend this program again. More than two late pick-ups may result in the participant being dropped from a program.

Errors And Adjustments

The district reserves the right to correct any errors or make any adjustments that may have been printed incorrectly or omitted in this book. Fees, times, dates or board policy changes are among pertinent information that may be adjusted at any time.

SRASA

SRASA is a 501c(3) organization that raises money and other donated articles to be used for the enhanced experience of all athletic participants enrolled in Oak Lawn Special Recreation programs. SRASA is a parent organization that is separate from the Oak Lawn Park District and was formed to help athletes and families with cost that go beyond the normal registration. For example, if a team needs new uniforms or equipment, we as SRASA would help pay for the item with the park district so the parents would not have to put forth the money. A parent, guardian, sibling, friend or relative can be a member of SRASA. Since we are a parent organization, why not get involved in the decisions, assist with fund raising events, serve on committees and elect officers. Remember we are here for our children so they can be the best they can be.

ARRIVING EARLY

We ask that you arrive no earlier than the schedule time for program. The Oak Lawn Special Recreation Department is not responsible for participants arriving prior to the schedule program time.



Like the Oak Lawn Park District
Special Recreation Department
Facebook Page Today!

SAFETY GUIDELINES

Please check out our current guidelines for participation in the Special Recreation Winter 2021 programs. Please know that these may change at any time.

Here's all you need to know:

- 1.) Each program will have a set participant maximum with 2-3 staff present.
- 2.) Participants must be able to follow verbal directions, understand social distancing & require no hands on assistance.
- 3.) Participants must be able to function in a 1:6 ratio (Staff: Participant). Participants must not have emotional outbursts that will require 1:1 staffing support. The Oak Lawn Park District reserves the right to determine if this program is appropriate for an individual.
- 4.) Face coverings must be worn by participants and staff at all times. No face coverings will be provided by the park district. Participants must be able to properly put on, wear & take off face covering when necessary. If a participant shows up without a face covering they will be unable to participate in the program.
- 5.) Participants must be able to do all personal care (hygiene, toileting, and eating) independently with no hands on assistance.
- 6.) Participants & staff must be able to adhere to a strict hand washing schedule.
- 7.) Staff will clean & disinfect frequently touched/used equipment before and after each program & in between uses of different individuals.
- 8.) OLPDSR will take measures to promote 6 foot physical distancing, such as assigned seats, outdoor activities, and traffic flow patterns.
- 9.) Participants and staff displaying symptoms of illness during the program will be removed from the group and an adult will be required to pick them up within 15 minutes of notification. Participants will be supervised once removed from the group. Please be sure to provide multiple emergency contacts to ensure the participant can be picked up immediately if the need arises.
- 10.) If participants have illnesses like allergies, or other non-contagious conditions that may appear similar to a contagious illness, a note from a physician stating they are not contagious is required prior to attending the program.
- 11.) Participants who have been exposed to or in close contact with someone with confirmed COVID-19 may only return to programs after it has been 14 days from the time of the exposure.
- 12.) Participants diagnosed with or exhibiting symptoms of COVID-19 may only return to programming after it has been 10 days from the time they have experienced symptoms, do not have a fever for 3 days (without taking medication to reduce fever) and have improvement in their respiratory symptoms (cough, shortness of breath). Alternately a participant may return to programs after 2 negative COVID-19 tests in a row, with testing done 24 hours apart. (Tests will not be issued by the OLPD).
- 13.) To protect your participant and those they interact with, participants that do not adhere to program rules & the above guidelines may be removed from programs.
- 14.) We understand that our initial in-person offerings will only serve a percentage of all who want to return to programs. We will continue to offer virtual programs in order to include more participants.

In addition to in-person programs, we will be offering many virtual recreation programs via Zoom. Please contact Jacqueline Canty at jcanty@olparks.com to be added to the weekly email that contains the virtual recreation schedule.

Support Special Recreation Athletic Support Association



Our unique charity link is: <https://smile.amazon.com/ch/26-2436929>. Thank you in advance!

Swim Programs For All Ages

Special Olympic Coaches design and assist in these programs. Join in for fun, fitness and strength training or Special Olympic competition. Easy step stairs and accessible lift is available.

Special Olympic Penguins Swim Team (Age: 8 & up)

Calling all swimmers! (tm)

Location: Richards High School

Code	Day	Dates	Time	R(Coop)/NR
317406-01	Sa	1/09-3/06	4:00-5:00P	\$90/\$135
317406-02	Sa	1/09-3/06	5:00-6:00P	\$90/\$135
317406-03	Sa	1/09-3/06	6:00-7:00P	\$90/\$135

Hydro/Learn to Swim (Age: 12 & up)

Modified water exercise for adults 18 and up with various physical disabilities such as heart problems, strokes, MS, arthritis, CP, MD, and a knee and hip replacements. Easy repairs and a hydraulic lift is available. Adult swim lesson is not competitive swim class for participants who just want to learn to swim. (tm)

Location: Richards High School

Code	Day	Dates	Time	R(Coop)/NR
317501-01	Sa	1/09-3/06	3:00-4:00P	\$67.50/\$101.25

Social Programs

Guys & Gals (Age: 18 & up)

Hang out with new and old friends during the afternoon on Tuesday's. Spend time socializing and enhancing skills through games and fun filled planned events during the day. Door to door transportation is not available at this time. Max: 15 participants. (tm)

Location: Oak View Center

Code	Day	Dates	Time	R(Coop)/NR
317103-01	Tu	1/12-3/02	1:00-3:00P	\$60/\$90

B.E.A.M.S (Becoming Educated About M.S.)

Informal and friendly atmosphere to hear informational speakers, participate in social activities, and have the chance to share with others facing the challenges associated with Multiple Sclerosis. (tm)

Open to: All M.S. Families, Friends

Location: Oak View Center

Day	Time	Res/NR
3rd Monday of each month	11:00A- 1:00P	Free

Funtastics (Age: 21 & up)

What's better in the winter months than having some quality time with your friends? We have great things planned for you this session. You will have a blast socializing with your peers. Door to door transportation is not available at this time. Please watch the Oak Lawn Park District website & Special Recreation Facebook page for more information. Max: 15 participants. (tm)

Location: Oak View Center

Code	Day	Dates	Time	R(Coop)/NR
317102-01	M	1/11-3/1	7:00-9:00P	\$80/\$120

Spec. Rec Piano (Age: 12-up)

Learn the basics of piano or keyboard playing at you own pace. Start learning music for pleasure and develop confidence in performing for others. Focus on music reading, and proper finger technique.

Location: Oak View Center

Code	Day	Dates	Time	R(Coop)/NR
317501-01	M-Su	1/04-3/05	Individually Arranged	\$105/\$155

WE LOVE OUR PARENTS/GUARDIANS, BUT . . .

With your child's best interest in mind, we ask that you not visit or observe a program without prior approval from the Special Recreation staff. Our staff always welcomes your questions and feedback, but need to concentrate on the needs of the participants during program times. In addition, we have found that most individuals respond best to staff direction when parents are not present at programs. We appreciate your cooperation and understanding!

**Spares & Strikes** (Age: 6 & up)

Is there any better way to socialize with your friends than during a few friendly games of bowling? Come join us at the Brunswick Zone and learn how to bowl or practice your technique. Fee includes shoe rental & two games of bowling. NOTE: 20 participants maximum in each hour session. NO exceptions. (tm)

Location: Arena Lanes

Code	Day	Dates	Time	R(Coop)/NR
317407-01	Th	1/14-3/04	4:00-5:00P	\$72/\$108
317407-02	Th	1/14-3/04	5:00-6:00P	\$72/\$108

Soccer Skills (Age: 8 & up)

Get your friends together and join us for some soccer skills. We will work on all skills needed for soccer.

Location: Community Pavilion/ Oak View fields

Code	Day	Dates	Time	R(Coop)/NR
317439-02	W	3/03-5/26	6:30-8:00P	\$78/\$117

Winter Sports Workout (Age: 8 & up)

Come out and join our Winter Sports workout team. OLPD has some snowshoes; please contact the office to inquire about using them.

Location: Oak View Center

Code	Day	Dates	Time	R(Coop)/NR
317455-02	M	11/09-1/25	5:00-6:00P	\$75/\$112.50

Special Recreation Gymnastics (Age: 8 & up)

Calling all gymnasts! It is time to sharpen your skills and learn your routines for Gymnastics. Athletes will have the option to learn new gymnastics skills and routines or to train for competitions beginning in January-June. There will be an additional charge for competitions and uniforms if your athletes decided to compete. All athletes must have an updated application for participation on file with Oak Lawn Park District Special Recreation. Class schedules will be by appointment only with Pirouettes Gymnastics Staff. Special Olympic applications are due December 1st each year to participate in the upcoming gymnastics competition. (dw)

Location: Racquet, Fitness & Gymnastics Center

R(Coop)/NR: \$120/\$180

(Gymnastics Early Bird Registration fees, October 26-November 23)

R(Coop)/NR: \$130/\$190

(Gymnastics Registration fees, on or after November 23)

Code	Dates	Day/Time
310600-01	1/05- 3/28	Individually Arranged

Special Recreation Gymnastics Open Gym

A full hour of crawling jumping, climbing, balancing & swinging. Kids love our Obstacle Course, Gymnastics Equipment, Preschool Play Area, Tumble Tramp, and Foam Pit. An adult over the age of 18 is required to stay with the participants during open gym time. Pirouettes Gymnastics staff will be on duty to provide safety guidelines for our gym. You must pay at the front desk and turn in the receipt to open gym instructors for admittance to the gymnastics area for an open gym. Open gym time is great for children of all levels. This open gym time is special for kids with disabilities; to have as their own, please do not bring siblings without disabilities to open gym. This open gym will resume on

Sunday, October 3rd- end of May

Day/Time: Sundays, 5:00-6:00pm

Fee: \$5/participant

Fit & Fun (Age: 10 & up)

All levels of fitness participation are welcome in this class. We will dance, do aerobics, learn fundamentals of various sports, cross-train, etc. We might be indoors or outdoors, depending on the weather. If you like to have fun while getting fit, this is the class for you! (jc)

Location: Oak View Center

Instructor: Frankie Mulhall

Code	Day	Dates	Time	R(Coop)/NR
317601-01	W	1/13-3/03	5:00-6:00P	\$62/\$93

Events & Outings**Open Mic Night & Karaoke!** (Age: 13 & up)

Come on out & show off your talents! Do you have a hidden talent you want to showcase for your new & old friends? Tonight is a night of performing, singing karaoke & enjoying a delicious dinner with your friends! NOTE: Social distancing while singing/performing will be maintained as well microphones will be disinfected between each use & have a plastic shield over them. (jc)

Location: Dream Center

Registration Deadline: One week before each date

Code	Day	Dates	Time	R(Coop)/NR
317239-01	F	1/29	7:00-9:00P	\$25/\$37.50
317239-02	F	2/12	7:00-9:00P	\$25/\$37.50

Saturday Night Bingo Bonanza! (Age: 13 & up)

B-I-N-G-O! Come on out on the dates listed below to play America's favorite group game! We will play different variations and have cool prizes! Remember, it's not about winning, it's about having fun! Light concessions will be available for purchase. NOTE: Participants need to bring their own bingo markers/chips & will each get their own single-use bingo cards.

Location: Dream Center

Registration Deadline: One week before each date

Code	Day	Dates	Time	R(Coop)/NR
317	Sa	1/23	7:00-9:00P	\$15/\$22.50
317	Sa	2/20	7:00-9:00P	\$15/\$22.50

Holiday Mini Camp!

Bored over the holidays? Come join us for a three-day camp that will include fun, games, crafts & movies. Siblings are welcome to join too!

Location: Dream Center

Registration Deadline: Monday, December 21st at 5:00P.

Session 1: Ages: 4-12

Code	Day	Dates	Time	R(Coop)/NR
317	M-W	12/28-12/30	10:00A-1:00P	\$60/\$90

Session 2: Ages: 13 & up

Code	Day	Dates	Time	R(Coop)/NR
317	M-W	12/28-12/30	10:00A-1:00P	\$60/\$90

Fun & Games! (Age: 12 & up)

Come join us for in-person bingo & fun games to win some cool prizes! You will also get to have some fun with your friends all while staying socially distanced. Participants will need to bring their own bingo markers (reusable), water/drink & anything else they'll need for the hour. Don't forget your mask & hand sanitizer!

Location: Dream Center (9610 East Shore Drive)

Registration Deadline:

Code	Day	Dates	Time	R(Coop)/NR
317	Tu	1/12-3/02	10:45A-11:45A	\$100/\$150
317	Tu	1/12-3/02	12:00P-1:00P	\$100/\$150

Parents get involved with Special Recreation Athletic Support Association.



This association supports all Special Recreation Sports programs. Get involved to organize and plan events with other Special Recreation parents. For more information please contact President John Sansone at srasaoaklawn@gmail.com or Todd Mallo at tmallo@olparks.com.