

Oak Lawn Park District Comprehensive Plan

Trends

TREND ANALYSIS

In order to consistently meet the needs of the customer in our ever changing field of recreation, current trends are analyzed and programs evaluated to ensure that the park district is keeping current with these trends.

The following list the trends identified through community surveys, advisory groups, program evaluations and as part of the strategic plan initiatives and programming plans to address them.

1. Programming for the active senior
 - a. Walking Club
 - b. Trips where more physical activity is involved
 - c. Pickleball
 - d. Community Gardening
2. Activities to increase leisure skills and hobbies
 - a. Sewing for adults and youth
 - b. Gardening
 - c. Crochet, quilting, etc.
 - d. Adult interest seminars and workshops
3. Outdoor fitness opportunities
 - a. Yoga in the park
 - b. Walking Club
 - c. Wearable technology challenge programs
 - d. Outdoor fitness equipment
4. Increased nature programming opportunities
 - a. Kids to Parks Day
 - b. Expand nature camps to offer for older kids
 - c. Community gardening
 - d. Teen outdoor camp out
5. Increase physical activities for special recreation and youth population
 - a. Special Recreation fitness programs
 - b. Yoga for Kids
 - c. Technology fitness challenges
 - d. Inclusive Playground
6. Use of Drones
 - a. Adoption of ordinance prohibiting the flying of a model power aircraft/drone in the park system without a permit
7. Ninja warriors
 - a. Gym Ninja class offering mental and physical fitness challenges
8. Parks and Recreation is becoming more prominent in patrons health care plan
 - a. Work with physicians and health care providers in prescribing use of parks and recreation services as part of a wellness plan
9. All Day Pre -School
 - a. Research options for offering all day at one of our sites