

Fall Softball Registration Information

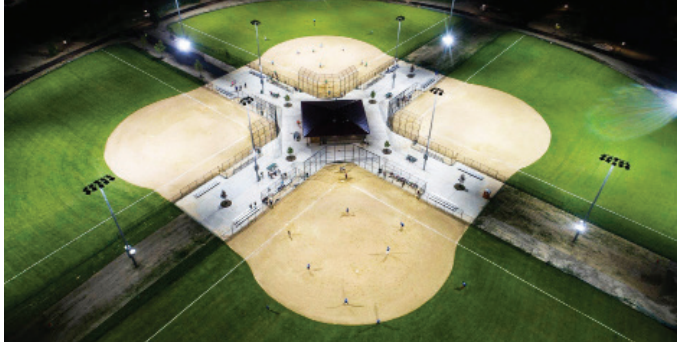
Registration Deadline: August 25

Teams that register after the deadline will be assessed a \$10 late fee.

League Begins: September 3

Captain's Meeting: August 28 at 6:30P

Captain's Packets Available: Aug. 29 at Community Pavilion Front Desk



Fall Softball Leagues (Age: 18 & up)

Each team will participate in 8 games in round-robin play with game times varying each week. Most teams will play double headers in the Fall season. The top four teams from each division will play in a single-elimination tournament within their division at the end of the season. The top two teams in their division and in the playoffs will receive monetary awards. Registration is taken online or at any park district facility. League fees must be paid in full at the time of registration. (ds)

Location: Centennial Park

Men's 12" Softball

Code	Days	Date	Time	Res/NR
201401-01	W	9/04-10/30	6:30-10:30P	\$550/\$550

Men's 16" Softball

Code	Days	Date	Time	Res/NR
201402-00	Su	9/08-10/27	5:00-9:00P	\$550/\$550
201402-01	M	9/09-10/28	6:30-10:30P	\$550/\$550
201402-02	Tu	9/03-10/29	6:30-10:30P	\$550/\$550
201402-03	Th	9/05-10/24	6:30-10:30P	\$550/\$550

Women's 16" Softball

Code	Days	Date	Time	Res/NR
201404-01	M	9/09-10/28	6:30-10:30P	\$550/\$550

Co-Rec 16" Softball

Code	Days	Date	Time	Res/NR
201405-01	Su	9/08-10/27	5:00-9:00P	\$550/\$550
201405-02	F	9/06-10/25	6:30-10:30P	\$550/\$550

50 & up Batting Cage Rental Special

Head to the Racquet Center to practice your swing! Take advantage of our 50 & up batting cage rental rate. \$5/half hour Monday-Friday from 6AM-3PM.

BASEBALL/SOFTBALL CAGE RENTAL 3 CAGES AVAILABLE FOR RENT

Long Cages \$20/hour: Cage size 12' x 85' has a hitting tee, pitching mound, backdrop/pitcher trainer and a L screen.

Short Cages \$10/half hour : Cage size 14' x 35' has a hitting tee, back-drop/pitcher trainer and a L screen

Must supply your own equipment such as batting helmets, balls, bat and glove. no spikes please. Must make a reservation for cage by calling 708-857-2215.

Basketball & Indoor Volleyball Registration Information

Registration Deadline: September 22

Teams that register after the deadline will be assessed a \$10 late fee.

Volleyball Leagues (Age: 18 & up)

Each team will participate in round-robin play with game times varying each week. Teams will play 10 games and the top four teams make the playoffs. Registration can be taken at any park district facility or online. League fees must be paid in full at the time of registration. (ds)

Location: Community Pavilion

Division A - Competitive

Division B - Recreation

Women's Volleyball

Code	Days	Date	Time	Res/NR
201101-A	Th	10/03-12/19	6:30-10:30P	\$375/\$375
201101-B	Th	10/03-12/19	6:30-10:30P	\$375/\$375

Co-Rec Volleyball

Code	Days	Date	Time	Res/NR
201102-A	Tu	10/01-12/17	6:30-10:30P	\$375/\$375
201102-B	Tu	10/01-12/17	6:30-10:30P	\$375/\$375

Men's Basketball (Age: 18 & up)

Each team will participate in round-robin play with game times varying each week. Teams will play 10 games and the top four teams make the playoffs. Registration can be taken at any park district facility or online. League fees must be paid in full at the time of registration. (ds)

Location: Community Pavilion

Code	Days	Date	Time	Res/NR
201201-00	Th	10/03-12/19	6:30-10:30P	\$625/\$625



Also check out Ice Skating on pages 43-44.

Adult Ball Hockey (Age: 18 & up)

Game times will vary each week. Teams will meet at least once, and playoffs will be offered for the 1st through 4th place teams. All teams are required to submit their name and jersey color at registration. League fees must be paid in full at the time of registration. General league information will be reviewed at the Captain's meeting. (ds)

Location: Community Pavilion

Code	Days	Date	Time	Res/NR
201501-01	F	9/6-12/28	6:00-10:00P	\$675

CHALLENGE- Adult Obstacle Training (Age: 16 & up)

Develop both a strong body and a strong mind, building confidence by stepping out of our comfort zone facing obstacles that will help us to overcome our fears. Putting ourselves through this type of training hold us accountable, in a fun and new way, to take care of our bodies. Everyone is welcome to join this class, all you need is the right mindset and a body to move...it's not about a training regiment, it's a lifestyle! (limited spots available). (dw)

Code	Days	Date	Time	Res/NR
210000-11	M	9/29-12/21	8:30-9:30P	\$110/\$110

**Adult Co-Ed Wallyball League**

Interested in joining a wallyball league? Look no Further! The Oak Lawn Racquet, Fitness, and Gymnastics Center's league will run for 10 weeks (regular season) followed by playoffs. Sign your team up and enjoy some competitive wallyball. (nm) Questions? Contact Nick 708-857-2215 or email nmagro@olparks.com.

Year-Round Pickleball Drop in Play

Pickleball is designed to be easy to learn and play whether you're five, eighty-five or somewhere in between. Pickleball is traditionally played on a badminton-sized singles court with special Pickleball paddles, made of wood or high-tech aerospace materials. The ball used is similar to a wiffle ball. The lower net and wiffle ball allow the game to be accessible to people of all ages and abilities, while still allowing more competitive players to test their mettle. Pickleball paddles, balls and nets will be provided by the facility. No registration necessary. Contact nmagro@olparks.com with any questions. PDNA (nm)

Location: Racquet, Fitness & Gymnastics Center

Day	Time	Res/NR
M-F	6:00A-12:00P	\$5/player
M	6:00-10:00P	\$7/player

New Traditions Adult Horseback Riding (Age: 16 & up)

Come and fall in love with horses all over again and master the skill of horseback riding! Lessons will be offered in cooperation with the New Traditions Riding Academy at Palos Hills Riding Stables. All lessons are one hour in length. Riders must wear long pants; shoes with heels no higher than 1 inch and wear a helmet. Helmet rental is one dollar per lesson. After registration is completed at the Oak Lawn Park District, call the riding school to arrange your schedule and bring your receipt to your first lesson. PDNA (jm) New Traditions Riding Academy 10100 So. Kean Avenue, Palos Hills, IL 60465 708-598-7718

Location: New Traditions Riding Academy

Instructor: New Traditions Riding Academy

Code	Lessons	Res/NR
502401-1	5 Beginner Lessons	\$210/\$210
502401-2	10 Beginner Lessons	\$330/\$330
502401-3	5 Intermediate Lessons	\$240/\$240
502401-4	10 Intermediate Lessons	\$380/\$380

HeartSaver CPR (Age: 16 & up)

This course is designed for those non-professional healthcare providers who have a duty to respond to a cardiac emergency on the job. Or those that would like to

learn to use at home. This course teaches you how to recognize an emergency. Adult, Child and Infant CPR techniques are taught in addition to rescue techniques for choking victims. AED use will also be covered. Completion of this course gives a 2-year certification in accordance with the American Heart Association's guidelines. All participants will be issued a Heartsaver Student Workbook and a certification card. (mc)

Location: Administration

Code	Day	Dates	Time	Res/NR
202011-01	Th	9/12	5:00-9:00P	\$61/\$78
202011-03	Th	10/17	5:00-9:00P	\$61/\$78
202011-04	Th	11/14	5:00-9:00P	\$61/\$78
202011-05	Th	12/12	5:00-9:00P	\$61/\$78

Rubberstamping (Age: 16 & up)

Want to learn how to create some beautiful handmade greeting cards to send to all of your family and friends? This class is for you! This popular class will increase your creative side as you learn different techniques using the art of stamping. The prep work is done, so you will have the opportunity for several projects. Each class is different so sign up for all of them! Bring color pencils, adhesive, and scissors to class. All other materials will be supplied. PDNA (jm)

Location: Oak View Center

Instructor: Barbara Kamenczak

Code	Days	Date	Time	Res/NR
202201-1	Tu	9/17	7:00-9:30P	\$10/\$10
202201-2	Tu	10/15	7:00-9:30P	\$10/\$10
202201-3	Tu	11/19	7:00-9:30P	\$10/\$10

SPECIAL EVENT**Bath & Body Product Creation Class** (Age: 16 & up)

If you love Lush's bath bombs but don't love the price, this is the perfect class for you. In this adults only bath bomb class we will cover the basic techniques of making professional bath bombs. Different colorants, fragrance, ingredients and techniques will be discussed to help you create and achieve the ultimate professional bath bomb. You'll walk away with at least enough large bath bombs for a weekly bath customized for you...maybe even more! All materials are included. PDNA (jm)

Location: Oak View Center

Instructor: Deniera Burks

Code	Days	Date	Time	Res/NR
102501-1	Th	8/22	6:30-8:30P	\$25/\$25