



CLASS SINCE 1994

George Shimko Basketball School

George Shimko and his GSBS Stars Basketball staff are proud to be at the Oak Lawn Pavilion and are offering the following basketball programs:

Rookie Session (Age: 5-8)

Rookie Sessions will teach children who have little or no previous basketball experience the fundamentals of basketball including ball handling, passing, rebounding, shooting, discipline, respect and most of all – teamwork. Fee includes instruction and GSBS Stars Basketball t-shirt. PDNA (sn)

Location: Community Pavilion

Code	Days	Date	Time	Res/NR
424101-01	M	3/25-4/22	6:00-7:30P	\$65/\$78
424101-02	Th	4/04-5/02	4:30-6:00P	\$65/\$78

Veteran Session (Age: 9-15)

Veteran Session is designed for the more experienced basketball player to learn and improve on their individual skills, team skills and will continue to stress the basketball fundamentals. Fee includes instruction and GSBS Stars Basketball t-shirt. PDNA (sn)

Location: Community Pavilion

Code	Days	Date	Time	Res/NR
424102	W	3/27-4/24	6:00-7:30P	\$65/\$78

Power Moves Session (Age: 10-16)

Power Moves session is designed to teach players how to make strong moves to the basket. Each player will be taught how to create scoring opportunities from the 3 point line to the basket with confidence. Fee includes instruction and GSBS Stars Basketball Power Moves t-shirt. PDNA (sn)

Location: Community Pavilion

Code	Days	Date	Time	Res/NR
424103	F	4/19-5/17	4:30-6:00P	\$65/\$78

Shooting Session (Age: 5-9)

Shooting session is designed to teach players the proper way to shoot the basketball. Each player will be taught how to shoot the basketball from various locations on the basketball court with good balance, rotation and confidence. Fee includes instruction and GSBS Stars Basketball Shooting Session t-shirt. **No class 5/27.** PDNA (sn)

Location: Community Pavilion

Code	Days	Date	Time	Res/NR
424104	M	4/29-6/03	6:00-7:30P	\$65/\$78

Jump Shot School (Age: 10-16)

Designed to teach players: The Mechanics, The Warm Up, Efficiency, Getting Open, Footwork, How to Score Off a Screen, 3 Point Shooting and Free Throws with good balance, rotation and confidence. Fee includes instruction and GSBS Stars Basketball Shooting Session t-shirt. PDNA (sn)

Location: Community Pavilion

Code	Days	Date	Time	Res/NR
424105	W	5/01-5/29	6:00-7:30P	\$65/\$78

Check out our General Sports Camp on page 8!



NEED CAGE TIME?

Baseball/Softball Cage Rental

3 cages available for rent!

Location: Racquet, Fitness & Gymnastics Center

1 Long Cage \$25/hour. Cage size 12' x 85' has a hitting tee, pitching mound, backdrop/pitcher trainer and a L screen.

Short Cage \$10/half hour. Cage size 14' x 35' has a hitting tee, backdrop/pitcher trainer and an L screen.

**Need cages for a team practice?
Rent both Long Cages for \$30/hour.**

Must supply your own equipment such as batting helmets, balls, bat and glove. No spikes please.

Must make a reservation for a cage by calling 708-857-2215.

50 & up Batting Cage Rental Special

Head to the Racquet Center to practice your swing!

Take advantage of our 50 & up batting cage rental rate.

\$5/half hour Monday-Friday from 6AM-3PM.

Girls Fast Pitch Softball Fundamentals

Get ready for your next softball season. This 10 week camp will focus on improving speed and agility, throwing & catching, using the correct mechanic and hitting power. Staff will help your child develop the necessary tools to play at the next level and most important develop a love of the game from positive role models. The camp is separated by age and is designed for girls softball. PDNA (dw)

Location: Racquet, Fitness & Gymnastics Center

Res/NR: \$140/\$140

Code	Ages	Days	Date	Time
424300-41	5-6	Th	3/21-4/18	4:00-5:00P
424300-42	7-8	Th	3/21-4/18	5:00-6:00P
424300-43	9 & up	Th	3/21-4/18	6:00-7:00P

Spring Training Baseball Camp

Get ready for your next baseball season. This 5 week camp that will meet twice a week and will focus on improving speed & agility, throwing & catching, using the correct mechanics and hitting with power. Staff will help your child develop the necessary tools to play at the next level and most importantly develop a love of the game from positive role models. PDNA (nm)

Location: Racquet, Fitness & Gymnastics Center

Res/NR: \$140/\$140

Code	Ages	Days	Date	Time
424301-11	5-6	M,F	3/18-4/19	4:00-5:00P
424301-12	7-8	M,F	3/18-4/19	5:00-6:00P
424301-13	8 & up	M,F	3/18-4/19	6:00-7:00P

RACQUET CENTER EARLY BIRD REGISTRATION

Take \$10 off if you register during

Early Bird Registration: February 4 - March 4

Volleyball Skills & Drills (Age: 6-14)

Level 1 (Age: 6 – 10): This instructional 8-week volleyball program for girls and boys will stress bumping, setting, serving, jumping, rotating, and proper footwork for each skill.

Level 2 (Age: 10-14): This intermediate 8-week volleyball program for girls and boys will stress bumping, setting, serving, jumping, rotating, and proper footwork for each skill. (ds)

Location: Community Pavilion

Code	Level	Days	Date	Time	Res/NR
424201-01	1	Tu	4/09-5/28	4:00-5:00P	\$42/\$52
424201-02	2	Tu	4/09-5/28	5:00-6:00P	\$42/\$52

Inter FC Estudiantes Soccer Training & Competing Program (Age: 5-14)

Inter FC, a Youth Soccer Club based out of the Southwest Suburbs has been serving the area's youth soccer needs since 1999. Our players have had the opportunity to improve their technical skills and familiarity on the field by experiencing the game through play with guidance. There are no long lines or stagnant moments on the field as we strive to keep the sessions active, which adds to the players' enthusiasm to learn. The proper grouping and acceleration curve will be based on the age and ability of the participants. New for this year will be an increased emphasis on competing in match type situations and more competitive play. Our objective is to help players gain more confidence and comfort while in game situations. We hope that you can join our Estudiantes program and enjoy the results! **PDNA** (sn)

Location: Centennial Park, 93rd & Nashville Ave.

Code	Age	Days	Date	Time	Res/NR
424041-01	5-6	Sa	4/06-5/04	9:00-10:00A	\$69/\$79
424041-02	7-9	Sa	4/06-5/04	10:00A-11:00A	\$69/\$79
424041-03	10-14	Sa	4/06-5/04	11:00A-12:00P	\$69/\$79

Gym Ninjas (Age: 4 & up)

Does your child need strength, agility, body control, or discipline - just like a ninja? This is the class for them. Kids will learn to focus, be physically fit, and fall like a ninja all while incorporating cross fit and some gymnastics into one class.

Session: April 7-June 30 (12 wks.)

Res/NR: \$110/\$110

Gym Ninjas Age: 6 & up

Code	Day	Time	Ages
410002-01	Su	9:00-9:50A	6-8
410002-02	Su	9:50-10:40A	8-12
410002-04	Su	10:40-11:30A	6-10
410002-50	F	4:40-5:30P	6-7
410002-51	F	5:30-6:20P	6-7
410002-52	F	6:20-7:10P	7-8
410002-53	F	7:10-8:00P	8 & up
410002-61	Sa	12:00-12:50P	6-7
410002-62	Sa	12:50-1:40P	7-8
410002-63	Sa	1:40-2:30P	6-8
410002-64	Sa	2:30-3:20P	8 & up
410002-70	F	6:20-7:10P	Invite Only

Jr. Gym Ninjas Age: 4-6

Code	Day	Time	Ages
410003-21	Tu	9:30-10:15A	4-6
410003-22	Tu	10:15-11:00A	4-6
410003-23	Tu	11:00-11:45A	4-6
410003-31	W	2:15-3:00P	4-6



Also check out Ice Skating Lessons on page 44!

Yoga for Kids (Age: 8-14)

This class is designed for children to learn fun yoga poses like frog, pigeon, crane, crow, duck, peacock, and many other animals! Participants will exercise by jumping from one pose to another in order to build flexibility, strength, and balance. Your child will learn how to relax and let go of tension caused by daily life stresses. After a fun and vigorous workout, your child will cool down at the end of class so that they are calm and ready for the rest of their day! Please bring a yoga mat to class. **No class 4/20, 4/21 & 5/12.** (ms)

Location: Oak View Center

Instructor: Marion Hunt

Code	Day	Dates	Time	Res/NR
407231-01	Sa	4/06-6/08	11:00A-12:00P	\$52/\$61
407231-02	Su	4/07-6/09	1:05-2:05P	\$46/\$54

Chess Wizards (Age: 5-13)

Join Chess Wizards, one of the nation's premier chess education companies. Our interactive, discovery-based curriculum inspires students to think ahead, visualize their goals, treat others with respect and to learn from mistakes. Our classes are geared to suit children of all skill levels; from chessing to checkmate artist, students will build upon their knowledge through lessons, tournaments, variation games and more! More than just a game of winning and losing, we make learning chess fun! Your brain is your superpower- are you ready to use it? **PDNA** (ms)

Location: Oak View Center

Instructor: Chess Wizards

Code	Day	Date	Time	Res/NR
426901-01	Th	4/04-6/13	4:00-5:00P	\$198/\$208

Beginning Improv Class for Teens (Ages: 15-18)

Learn the fundamentals of live theater, scenes created in real time without a script. This class will focus on skills unique to the craft of improv. During practice you will learn the rules of improv, gain confidence, and improve public speaking skills. Your listening and observation skills will increase as you work with your team as scenes are developed. There will be a one hour Improv Jam in the Oak View Center Theatre at the conclusion of classes for friends and family to enjoy. **No class 4/20.** **PDNA** (ms)

Location: Oak View Center

Instructor: Marylu Dukic

Code	Days	Date	Time	Res/NR
413301-01	Sa	3/16-5/11	11:00A-12:00P	\$65/\$70

Indoor Skydiving (Age: 10-18)

Join us as we take to iFLY Indoor Skydiving in Rosemont! Each participant will receive 2 one minute flights, all flight gear, an email video clip of one of their flights, and classroom instruction from a certified instructor. Participants must meet the guidelines specified by iFLY and sign their waiver in order to participate in this activity. The waiver and guidelines can be found on the website, www.chicago.iFLYworld.com. **PDNA** (ms)

Meeting Location: Oak View Center

Registration Deadline: 4/05

Code	Days	Date	Time	Res/NR
415221-01	Sa	4/13	10:00A-3:00P	\$75/\$85

